

The Floor is Yours!

Choose Your Stage:

- Dance studio
- Court or field
- Great outdoors
- Pool
- Art room
- and more!



Photo: Ballroom, Latin and a Little Bit of Swing

Register online at www.prcommunityed.org



**Adult Education
& Literacy**
Pgs. 38-41



Aquatics
Pgs. 32-36



Enrichment
Pgs. 4-11



**Outdoor
Education**
Pgs. 30-31



**School-Age
Care**
Pg. 13



**Sports &
Fitness**
Pgs. 18-28



**Visual &
Performing Arts**
Pgs. 14-16



Winter/Spring Highlights

No matter your beat, we've got something to get you in rhythm this winter and spring in the dance studio, sports arena, the pool, art room, the great outdoors and more!

Summer Expo

Plan your child's summer with over 90 local and regional exhibitors at Summer Expo 2017 on February 11 at Parkway West High School. See who will be there and find out more at www.summerexpostl.com!

Page 17



NFL Flag Football

Our fastest growing sports program! Learn skills of the game in this league in partnership with NFL Flag. Sign up individually or by team. All participants receive an authentic replica NFL jersey. Games played on high school turf fields.

Page 18

30-minute Yoga and Cooking Classes

Don't have a lot of time? Give our brand new 30-minute yoga and cooking classes a try. They're perfect for busy parents on the go or if you aren't sure you want to commit to a longer yoga session. They are also held at Crestview Middle during SwimAmerica and volleyball practices!

Pages 9 & 28



About Us

Parkway-Rockwood Community Ed is a partnership between the Parkway and Rockwood School Districts that provides high quality programs and services that enhance the quality of life for residents.

What We Do

Provide experiences for today, tomorrow and life.



Where learning and fun meet!

Our Pledge to the Community

We care about your experience. At Community Ed, we constantly strive to make programs more enriching, accessible and engaging so you have the best experience possible while learning and having fun.



Table of Contents



Enrichment

See What's New	4
Language Classes	5
Driver Ed	5
TutorConnection	5
E-Hour	6
Adult Day Trips	7
Cooking Classes	8-9
Finance Classes	10-11
Online Safety	11



School-Age Care

Adventure Club	13
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Visual & Performing Arts

Dance Programs	14
Music & Theatre Programs	15
Visual Art Programs	16



Sports & Fitness

Flag Football, Tennis	18
Basketball, Winter Sports	19
Badminton, Baton, Fencing, Lacrosse, Gymnastics	20
Martial Arts, Family Yoga	21
Rockwood Thunder Volleyball ..	22
Volleyball	23
Baseball, Cheerleading, Training & Sampler Programs ...	24
Indoor and Outdoor Soccer	25
Fitness Classes	26-28



Babler Outdoor Education

Scouts, GPS Events	30
Trek & Travel Trips	31



Aquatics

Rockwood Swim Club	32
SwimAmerica	33-35
Adult Aquatics	36



Adult Education & Literacy

Adult Basic Education/High School Equivalency Prep	38-39
English as a 2nd Language	40
Additional Classes/Online Continuing Education	41

Additional Information

Adult Program Registration Form	29
Registration Information	37
Early Childhood	42-43
District Maps	44-45
Winter/Spring Programs at a Glance ..	46-47



e-hour
ELEMENTARY • ENRICHMENT • EDUCATION

Unleash your imagination while having a great time in E-Hour, our before/after school enrichment program.
Page 6



Learn to Swim

Get ready for a fun and safe summer in the pool with our SwimAmerica program.
Pages 33-35



Family Fun

Re-connect with your child. We have family programs in:
Art (pg. 16)
Chess (pg. 4),
French (pg. 12)
GPS (pg. 30)
Guitar (pg. 15),
Yoga (pg. 21)
and more!



Adult Education & Literacy

Learn about our resources for continuing education and English as a second language.
Pages 38-41



Brand New Programs For YOU!

CHESS

Parent-Child Chess

No matter your age, chess is good for your brain. You and your child can bond while learning chess from the National Champion En Passant Chess Club Staff. No chess experience is necessary for this class since the basic fundamentals will be taught to those that need them. Higher level concepts and ideas will be taught to those that already have some chess knowledge. Chess Tournament rules and tournament play is also included in this class but is dependent on enrollment. Offered in partnership with Gabriel Boyd and En Passant Chess Club.

Grades K and up with Parent
Mondays | Starts January 22 | 6 sessions
6-7 p.m. | Parkway West High | \$89/person



Bond with your child as you both learn chess.

FAMILY FUN

CSI Investigation: Family Edition

Have your family play the role of secret agents to crack the case! Spend time together enjoying games and activities that challenge you to solve a range of mysteries. Solve problems as a team, test your knowledge and more importantly have fun! Taught by Community Ed instructor Connie Levels.

Grades 3-6 and Parent
Friday | March 2 | 6-8 p.m. | Selvidge Middle
Friday | April 6 | 6-8 p.m. | Parkway NE Middle
\$10/person

YOUTH PROGRAMS

Kids Night Out - Games Galore

Come one, come all to spend a Friday night with friends playing games! We will play, design, create and more! We will provide the activities, pizza and fun! Taught by Community Ed instructor Melinda Davis.

Grades K-5
Friday | February 23 | 6-8 p.m.
Hanna Woods Elementary | \$25

Kids Night Out - Lego Mania

Are you ready for an adventure? Challenge your friends as you use your imagination to create and build with legos, crafts and more! We will provide the pizza and the fun! Taught by Community Ed instructor Melinda Davis.

Grades K-5
Friday | March 16 | 6-8 p.m.
Hanna Woods Elementary | \$25

Mountain Biking

Experience the thrills of nature each week by taking a joyride through the wild as we enhance your mountain biking skills. Become a confident and courteous rider as you maneuver your bike through the twists and turns of each trail. Safety is part of our training but having fun is the ultimate goal. Required equipment: geared Mountain Bike with 26"-29" wheels in safe condition, helmet and water bottle with holder or water back pack. Taught by Community Ed instructor Cody Jones.

Grades 4-8 | Mondays | Starts April 2 | 6 sessions
5-6:30 p.m. | Castlewood State Park | \$89



Get your bike and come out to Castlewood State Park with our brand-new Mountain Biking class that starts April 2.



Broaden Your Horizons

FRENCH

Parent-Child French

Come enjoy our fun and full immersive French class tailored to ages and abilities. Learn the basics of the French language as well as the culture and customs. Taught by Community Ed instructor Mary Beth Schwartz.



We have foreign language classes for adults, youth and families!

Grades K-5 with Parent
Wednesdays | Starts January 24 | 5 sessions
6-7 p.m. | Parkway Northeast Middle | \$35/person

SPANISH

Spanish

Want to try a new language and don't know where to start? Come join this beginner Spanish class! Students will develop communicative skills in Spanish, including listening, speaking, reading, and writing. Intended for students with no previous Spanish experience. Taught by Community Ed instructor Dawn Morris.

Senora Morris was a very good teacher. For anyone who would like to brush up on their Spanish or prepare for a trip to a Spanish speaking area, this is a great class!!

- Evelyn B.
Past Class Participant

Ages 18+
Wednesdays | Starts Jan. 24 | 10 sessions
6-7:30 p.m. | Crestview Middle
\$59 | \$29.50 Gold Card/Golden Key Card

Leave the Teaching to the Pros

DRIVER EDUCATION

Evening Driver Education Program

New Driver Ed vehicles recently purchased!

Forget the stress of teaching your teen to drive and leave it to the pros. Students will get prepared for the responsibilities of driving through classroom instruction and six hours of drive time. Students will receive a certificate for successful completion of this non-credit course.

Age 15 by February 6
Tuesdays & Thursdays
Starts February 6* | 12 sessions | 6-8 p.m.
Lafayette High | \$385

**Includes meeting for parents at first class.*

Drive Time Only

Are you registered in the school year driver education program and looking for behind the wheel instruction and in-car observation? This program provides instructional drive time taught by certified Driver Education teachers. Schedules are flexible and based on the availability of the student and instructor.

\$49.50 per hour

TUTORCONNECTION

TutorConnection

TutorConnection connects certified Parkway and Rockwood teachers and professionals with parents who are looking for private, fee-based tutoring for their children at a Parkway or Rockwood location. The focus is to improve students' knowledge and performance in all subject areas taught through the school curriculum.

Registration: View a list of tutors available in both districts by school location, select a tutor who meets your availability, choose a package of tutoring minutes and get started! One-on-one and small group tutoring options are available.

Fee: \$49.50 per hour, with a two hour minimum purchased required. Tutoring time can be used in any combination of fifteen minute increments.





ELEMENTARY • ENRICHMENT • EDUCATION

Unleash Your Imagination

Parkway and Rockwood Elementary students can **explore, learn, create, design, play** and most importantly **have fun** in E-Hour, our before or after school enrichment program.

Learn a new hobby or skill without making a long-term commitment and have a great time. Session 3 starts in January while session 4 starts in March or April.

Check out these great classes coming up!
(offerings vary by school)

- Amazing Athletes
- Animals, Zentangle, Landsape
- Awesome Spanish Immer-
sion
- Balloon Squad
- Broadway Connection
- Chess Club
- Crayola World of Design
- Disappearing Ink
- Early Engineers
- Fun Physics
- Hip Hop Jazz
- Little Medical School
- Minecraft
- Move with MMA
- Robo World
- Science Mania
- Soccer

Registration is open NOW.

Visit www.prcommunityed.org to view the list of E-Hour classes at your school.

E-Hour participants must be a student at school where class is offered.





One-Day Adventures with Linda

All motorcoach tours are led by Linda Koenig from Gateway Tours and meet at the Parkway Admin Building: 455 N. Woods Mill Rd., Chesterfield, MO 63017.

Gold Card/Golden Key Card does not apply to trips.

Shoes, Booze & Baseball

Get ready to "play ball" on the baseball in St. Louis tour, sure to excite baseball fans and history buffs alike. Sites include:

- Lafayette Park, site of the first baseball diamond in St. Louis
- Brown Shoe Company and the big shoe
- James "Cool Papa" Bell monument in St. Peter's Cemetery
- Old Sportsman's Park, and now the site of the Herbert Hoover Boys and Girls Club.
- Lunch and beer tasting at Schlafly Bottleworks
- Tour of Busch Stadium including private clubs, press box, dugout and more
- Cardinals Hall of Fame Museum in Ballpark Village

Ages 18+ | Monday | April 23
9:15 a.m.-4:15 p.m. | Check in at 8:15 a.m.
\$95 | No refunds after March 23

Great River Road Treasures

Venture to Illinois as we'll enjoy a day exploring towns along the Mississippi River.

- Visit the quaint and lovely community of Elsah, on the National Register of Historic Places and tour beautiful Principia College.
- Enjoy a delicious lunch at My Just Desserts in Alton.
- Venture to the river bluffs at Aeries Winery in Grafton for wine tasting and beautiful views.

Ages 18+ | Friday | May 18
9 a.m. - 4 p.m. | Check in at 8:30 a.m.
\$85 | No refunds after March 23



Swing into spring with a trip through baseball history in St. Louis wrapping up with a tour of Busch Stadium and the Hall of Fame Museum.

Gardens and Galleries

This trip is good for the senses as you'll enjoy unique sights and scenes in our area.

- Stroll through downtown's Citygarden that features plants, sculptures and water features.
- Explore the works at the Saint Louis University Art Museum.
- Cross the Mississippi to take in the magnificent Gateway Geyser and Arch overlook to get a different perspective of the St. Louis skyline.
- Get a taste of The Hill at Lorenzo's Trattoria for a wonderful Italian lunch.
- Take in one of America's most unique gardens, the healing garden at St. Louis Children's Hospital
- See the Maya Lin (who designed the Vietnam Memorial in Washington DC) fountain at Washington University Medical School.

Ages 18+ | Tuesday | June 12
9 a.m. - 4 p.m. | Check in at 8:30 a.m.
\$75 | No refunds after May 12

The Big House Tour at the State Capital

Visit a historic prison right here in Missouri. Venture "up the river" to Jefferson City to the 1836 Missouri State Prison. Step back in time and see the insides of the prison much as they were when the inmates and guards lived there. This tour requires two blocks of walking. Lunch will be a local favorite, Prison Brews. We will also take a tour of the magnificent state capitol building and enjoy some Central Dairy ice cream.

Ages 18+ | Thursday | July 19
8 a.m. - 5 p.m. | Check in at 7:30 a.m.
\$95 | No refunds after June 19

ABOUT THE TRIP LEADER

Linda Koenig has been a tour manager and guide for Gateway Tours of St. Louis for nearly 20 years.

She leads and designs about 125 tours every year in the St. Louis Region.



Save the Dates for More Fun in 2018

Churchill & Serenity Valley Winery Aug. 16
Hermann German Fest Time..... Sept. 20
Angels & Demons..... Oct. 30
German St. Louis..... Nov. 16
Springfield Illinois Holiday Houses Dec. 1



See What's Cookin' in the Kitchen

Soup's On

Nothing beats the cold weather like a pot of simmering soup on the stove.



Are you stuck in a rut with chicken noodle? Explore several soups and stews to expand your favorites for the winter months and beyond. Recipes include: coconut curry red lentil soup, Brunswick stew and lentil and sausage stew. Taught by Community Ed instructor Kathleen Robbins.

Ages 18+ | Monday | January 22
6-8 p.m. | Parkway West High School
\$25 | Gold Card/Golden Key Card do not apply

Cooking with Miso

Ever want to try new foods and a new way to prepare them? Partake in a demonstration on how to make miso - you'll take home a small jar to finish fermenting. We'll be sampling several different types of miso's. Then it's off to the kitchen to make miso soup, vegetable dip and so much more! Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | January 30
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card

Freezer Meals for Busy Families

Take the stress out of dinner! This class will cover meal planning, cooking, storing, and reheating tips for meals that freeze well for busy nights. Learn strategies to cook in advance and always have delicious, home-cooked meals at your fingertips. Possible recipes: Chicken vindaloo, marinara sauce and meatballs, sweet potato and quinoa chili. Taught by Community Ed Instructor Kathleen Robbins.



Ages 18+ | Tuesday | February 20
6-8 p.m. | Parkway West High School
\$25 | Gold Card/Golden Key Card do not apply



There's always something cooking with Community Ed. We've got quite a menu of cooking classes coming up.

Sweet Sourdough Baking

Enjoy the art of bread making in this class! We will be baking savory bread pudding, cookies, chocolate and raspberry muffins blackberry focaccia and more! You'll need a basic understanding of a sourdough starter. Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | February 20
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card

Let's Roll Out the Pizza

Stretch your dough and imagination as you learn the steps of making pizza. Having a pizza party? You'll impress your guests with making dough from scratch with different sauces and toppings. Please bring a bowl, you'll be taking home your dough. Taught by Community Ed Instructor Jane Campbell.

Ages 18+ | Tuesday | March 6
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card

Class was helpful for beginner to start baking. The teacher was very friendly and provided with lot of basic baking stuff to get us started.

- Shilpi K.

Past Cooking Class Participant



See What's Cookin' in the Kitchen

Exploring Vegetarian Cooking

Are you considering a vegetarian or vegan lifestyle? Or just looking for more meatless options for your dinner table? This class will prepare several flavorful, healthy vegetarian and vegan main dishes to enjoy. Possible recipes: Black pepper tofu, falafel, curried sweet potato and chickpea stew. Taught by Community Ed Instructor Kathleen Robbins.



Ages 18+ | Tuesday | March 20
6-8 p.m. | Crestview Middle
\$25 | *Gold Card/Golden Key Card do not apply*

Fermented Drinks

Want to be healthy but not sure where to start? Do you buy your milk Kefir at the store? Learn how to make your own with no added sugars. Water Kefir is a great probiotic soda and an easy way to take your health to the next level. Taught by Community Ed Instructor Jane Campbell.

Ages 18+ | Tuesday | April 3
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | *\$12.50 Gold Card/Golden Key Card*

Light and Healthy Dinners

Welcome the warmer weather with some recipes for lighter dinners. These accessible, quick recipes will give participants options for healthy dinners that are perfect for busy weeknights. Taught by Community Ed Instructor Kathleen Robbins.



Ages 18+ | Tuesday | April 24
6-8 p.m. | Parkway Southwest Middle
\$25 | *Gold Card/Golden Key Card do not apply*

Homemade Baby Food

Homemade baby food is a cost-effective, healthy way to offer solid foods to your baby. Learn strategies for cooking, preparing and storing a range of foods to introduce your little one to an exciting variety of flavors. Taught by Community Ed Instructor Kathleen Robbins.



Ages 18+ | Tuesday | May 15
6-8 p.m. | Parkway Southwest Middle
\$25 | *Gold Card/Golden Key Card do not apply*

LOVE TO COOK BUT DON'T HAVE THE TIME? TRY OUR BRAND-NEW 30-MINUTE COOKING CLASSES!

Taco Night

Need a quick meal in a hurry? We've got you covered. Come get creative in the kitchen with Taco night. You'll build your own tacos to take home. We'll provide the meat and toppings, you come be creative and have dinner ready in 30 minutes. We will teach you how to prepare guacamole and salsas too! Taught by Community Ed instructor Kathleen Robbins.

Ages 18+ | Wednesday | January 24
5:20-5:50 p.m. | 6:05-6:35 p.m. | 6:50-7:20 p.m.
Crestview Middle School | \$20

Mason Jar Salad Night

Want a fast and easy way to create lunches for the week? We've got you covered. Come get creative in the kitchen as you build your perfect salad lunch (or dinner) to take home. We'll provide all the toppings, you come be creative and have your perfect salad ready in 30 minutes. Taught by Community Ed instructor Kathleen Robbins.

Ages 18+ | Wednesday | January 17
5:20-5:50 p.m. | 6:05-6:35 p.m. | 6:50-7:20 p.m.
Crestview Middle School | \$20

Party Dips

Are you ready for the big game party? Come join us for this 30 minutes class where we can show you how to plan for Game Day with the perfect appetizers. Learn to assemble quick and easy treats for your guests to enjoy at your party. Let us help you with the stress of planning and get good ideas and sample some delicious food. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Wednesday | January 31
5:20-5:50 p.m. | 6:05-6:35 p.m. | 6:50-7:20 p.m.
Crestview Middle School | \$20

Prepare a meal for a family of four while your child is at SwimAmerica or volleyball practice at Crestview Middle School!



Making Sense of Dollars and Finance

A Women's Outlook on Retirement

Are you aware of the unique financial circumstances women face? Statistically, all women, either by choice or circumstance, will be on their own financially at some point in their life. This presentation shares perspectives on financial concerns facing women as they prepare for, transition into, and live in retirement. It discusses income strategies, Social Security, including the affects of divorce and widowhood on your financial security. If you are a woman between the ages of 40 and 80, this class is for you!

Ages 18+ | 6-7:30 p.m.

Tuesday | January 16 | Crestview Middle OR

Wednesday | January 24 | Parkway NE Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Retirement Income Strategies

Retirees are concerned about running out of money now more than ever before. You will learn about the importance of a sound retirement income plan and strategies that should be considered: Roth IRA Conversions; how to avoid double taxation of your IRA's, 401(k)'s and 403(b) plans; techniques to avoid the 701/2 tax trap, how to maximize your retirement income while reducing risk and much, much more. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | January 22

6:30-8 p.m. | \$9 | \$4.50 Gold Card/Golden Key Card

Parkway Central HS OR Lafayette HS

Estate Planning Basics

Worried about leaving heirs with a complex estate situation? What should you do now to make sure your wishes are met? This class will help you understand the estate planning process and tools used such as wills, trusts, power of attorney and health care directives. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | January 29

6:30-8 p.m. | \$9 | \$4.50 Gold Card/Golden Key Card

Parkway Central HS OR Lafayette HS

Planning for Long-Term Health Care

Almost 38% of people aged 65 and over are diagnosed with a severe disability and 47% of those aged 85 and older have Alzheimer's disease or other form of dementia. If this happens to you, where do you want to receive your care and how are you going to pay for it? Come and learn about what government programs will pay for and how it affects your care. We will also cover the various options of insuring this risk.

Ages 18+ | Monday | February 5

6:30-8 p.m. | \$9 | \$4.50 Gold Card/Golden Key Card

Parkway Central HS OR Lafayette HS

Social Security Planning

Designing your retirement income strategy, building your investment income foundation to manage your income in retirement and factors that may adversely affect savings. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | February 12

6:30-8 p.m. | \$9 | \$4.50 Gold Card/Golden Key Card

Parkway Central HS OR Lafayette HS

Retirement: Making Your Money Last What Happens After the Paycheck Stops?

Discuss ideas to help build a reasonable and sustainable strategy for managing income in retirement. Learn about withdrawal rate, income gaps, reliance rates, tax strategies, RMD's, inflation, unexpected events. Recommended for those currently retired or within 3 years of retirement. Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+ | 6-7:30 p.m.

Tuesday | February 13 | Parkway NE Middle OR

Thursday | February 22 | Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Registration will be accepted via the following:

• Online at www.prcommunityed.org

• By phone at 636-891-6644

• By mail: Complete form on page 37





Get Online and Finance Savvy

FINANCE CLASSES

Stocks: The Nuts & Bolts AND Focus on Fixed Income

Evaluate how stocks may fit into your overall strategy, common vs. preferred stock, dividends and different ways to own stock. Explore the features of fixed income investments and how quality bonds can serve you in a well-balanced portfolio, including income strategies. Presented by Cindy Whitman, Financial Advisor with Edward Jones

Ages 18+ | 6-7:30 p.m.

Wednesday | March 14 | Parkway NE Middle OR

Tuesday | March 20 | Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Broadening Your Knowledge of Investing

Take a look at the "how" of creating an investment strategy, as well as the basic components that form your financial picture. Whether you are new to investing or need a refresher, this workshop will discuss investing as a process and a journey toward your financial goals. Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+ | 6-7:30 p.m.

Wednesday | April 11 | Parkway NE Middle OR

Tuesday | April 17 | Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Social Security: Your Questions Answered

Social Security will likely be the foundation of your retirement income. It's important to understand your options and how they could impact your decisions in retirement. Learn how Social Security fits into your retirement income plan, when to take benefits, tax considerations, impact of working while collecting Social Security, and more. Recommend for those age 55 and older who are not already receiving benefits. Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+ | 6-7:30 p.m.

Tuesday | May 8 | Crestview Middle OR

Wednesday | May 16 | Parkway NE Middle

\$9 | \$4.50 Gold Card/Golden Key Card

KEEP YOUR IDENTITY, SELF AND BUSINESS SAFE WITH BRAND-NEW CLASSES TAUGHT BY PRIVATE INVESTIGATOR CHERYL RING

Identity Theft

If you use a credit card, have a checking account and/or use the internet then you must be aware of the latest scams. You'll learn about the Who, What, Where, When and Why of Identity theft, what to do if you become a victim of identity theft, and more!

Ages 18+

March 6 | 6-8 p.m. | Crestview MS

March 19 | 6-8 p.m. | Parkway WHS

\$19 (Gold Card/Golden Key does not apply)

College and ID Theft

Young people are frequent ID theft victims because it could take years before the crime is detected and it's the last thing on a college student's mind. Learn the current scams that target college students and how to detect them.

Ages 18+

April 9 | 6-8 p.m. | Parkway Central HS

April 24 | 6-8 p.m. | Parkway SW Middle

\$19 (Gold Card/Golden Key does not apply)

Investigation Basics

Have you ever had the need to run a background check on a person or business? Learn how to conduct your own investigation at little or no cost.

Ages 18+

March 29 | 6-8 p.m. | Rockwood S. Middle

April 28 | 10 a.m. - 12 p.m. | Ellisville Elem.

\$19 (Gold Card/Golden Key does not apply)

Online Dating and Crime

Get up close and personal with a private investigator and learn about online dating, online predators and safety. Learn the do's and don't's of online dating. How to get closer to your goal and getting a date with your match. You will become familiar with what to look out for what to avoid and more!

Ages 18+

Jan. 30 | 6-8 p.m. | Parkway SW Middle

Feb. 27 | 6-8 p.m. | Selvidge Middle

\$19 (Gold Card/Golden Key does not apply)



• SCHOOL-AGE CARE •

PART-TIME STAFF WANTED!

Are you looking for a part-time job to earn some extra money?

Do you know a college student or adult looking for a job that will work around their schedule?

Great Work Environment, Great Benefits, Great Job!

✧ Flexible hours with no nights or weekends

✧ Split shift bonus pay

✧ Paid time off for holidays, sick time,
and perfect attendance pay

✧ Positions available in Parkway and Rockwood

✧ Impact the lives of children every day

✧ Free child-care while you work (restrictions apply)

Fun while you work!

Visit www.prcommunityed.org/adventureclub or
email ACjobs@prcommunityed.org to learn more or apply.



Offering Quality Care Since 1984

ADVENTURE CLUB

Adventure Club is a school-age care program that engages children in developmentally appropriate and enriching activities in an environment that supports independent choice guided by caring adults. Adventure Club has several programs offering the flexibility to meet all families' needs.

Before and After School Care

Available in all Parkway and Rockwood elementary schools, the Before and After School program is designed to provide children in grades K-5 with a safe, well-supervised and fun environment. The before school program begins at 6 a.m. in Parkway and 6:30 a.m. in Rockwood and runs until the start of school. The after school program runs from the end of the school day until 6 p.m. in both districts. The schedule includes a variety of indoor and outdoor activities, snack and homework help.

Early Dismissal Care

Rockwood Schools Only

Adventure Club provides care for families on days when the Rockwood School District schedules early dismissal from school.

2017-2018 Early Dismissal Dates

Ballwin, Ellisville, Kehrs Mill, Westridge, Wild Horse and Woerther

Dec. 21, Jan. 12, Feb. 16, April 10, May 8, May 24

Babler, Blevins, Chesterfield, Eureka, Fairway, Geggie, Green Pines, Pond and Ridge Meadows

Dec. 21, Jan. 12, Feb. 16, April 11, May 9, May 24

Bowles, Kellison, Stanton & Uthoff Valley

Dec. 21, Jan. 12, Feb. 16, April 12, May 10, May 24

Late Start Care

Parkway Schools Only

Adventure Club provides care for families on days when the Parkway School District schedules late start mornings. Late Start Care is offered from 6 a.m. to the start of school.

2017-2018 Late Start Dates

January 10, February 7, March 7, April 4



JOB OPPORTUNITIES

Adventure Club has multiple job opportunities available at most locations. Visit www.prcommunityed.org, call us at 636-891-6673 or email us at ACjobs@prcommunityed.org for more information and to apply today.

“My son loves Adventure Club! He is always coming home with projects and fun stories to tell. It makes my husband and I very happy to know that he is in safe hands and enjoys being there.”

- Pierremont Elementary
Adventure Club Parent

MARK YOUR CALENDAR!

Registration for the 2018-19 school year opens **MARCH 19! SIGN UP EARLY!** SummeLink and the Zone registration opens **FEBRUARY 11.**

For schedules, fees and to register online, visit www.prcommunityed.org or call 636-891-6675 for more information.





Unleash the Dancer Within You

YOUTH DANCE

Ballet, Tap and Jazz Dance

Youngsters will get a taste of three types of dance using high-energy music. This is a great way to have fun and move while getting introduced into dance. Dancers may wear comfortable clothing or dance attire. Ballet slippers are preferred but not required. Offered in partnership with Tippi Toes Dance Company.

Ages 3-6 | 6:15-7:15 p.m. | 10 sessions
Mondays | Starts Jan. 22 | Kellison Elem.
Tuesdays | Starts Jan. 23 | Kehrs Mill Elem.
\$130



Get into the groove with us in one of our engaging and fun dance programs. Now offered in two locations!

Hip Hop/Jazz Dance

Do you love to dance and listen to great music? Come dance to the beat as we focus on different techniques and choreography with Hip Hop and Jazz. We will have a mini-recital for parents on the last day of class. Offered in partnership with Tippi Toes Dance Company.

Ages 6-11 | 6:15-7:15 p.m. | 10 sessions
Wednesdays | Starts Jan. 24 | Kehrs Mill Elem.
\$130

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.

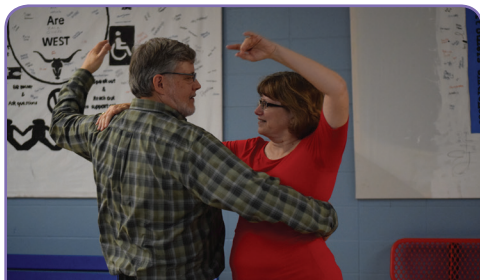


ADULT DANCE

Ballroom, Latin and a Little Bit of Swing

Have a passion for dance and want to look like a professional? Want to learn something new with your significant other? Come join in the fun and learn new dances in this interactive dance class. Taught by Community Ed instructors Brian and Joan Lashley.

Ages 18+
Mondays | Starts Jan. 22 | 10 sessions
7:30-9 p.m. | Parkway West HS
\$59 | Gold Card/Golden Key Card does not apply



Dance and have a great time in one of our adult classes. There's something for everyone.

Beginning Country Line Dancing

No need for a partner but bring your friends and have a lot of fun while getting great exercise! Learn basic line dances from beginning to intermediate; Electric Slide, Slapping Leather, River Waltz and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+
Mondays | Starts Jan. 22 | 10 sessions
6-7:30 p.m. | Parkway West MS
\$59 | \$29.50 Gold Card/Golden Key Card

Intermediate Country Line Dancing

If you love to country line dance and already took the beginner class then this is the place for you! Learn Wild Stallion, Rockin' the Wagon Wheel, Boot Scootin' Boogie and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+
Wednesdays | Starts Jan. 24 | 10 sessions
6-7:30 p.m. | Parkway West MS
\$59 | \$29.50 Gold Card/Golden Key Card



Make Music & Perform With Us

YOUTH PERFORMING ARTS

Tiny Tunes

Sing! Dance! Act! Young children will explore the joys of singing, dancing and moving with a group of their peers. Using live instruments, recorded music and our bodies and voices to create and experience music in all its forms little ones will learn and have fun. Offered in partnership with STAGES St. Louis.

Ages 3-6 | 9:30-10:30 a.m. | 6 sessions
Fridays | Starts Jan. 26 | Ellisville Elem.
\$89

NEW
WEEKDAY
PROGRAM!

FAMILY PERFORMING ARTS

Family Guitar

Create special memories as you learn the basics of playing the guitar, TOGETHER! This class is designed for one parent and one child to learn together and play together. Taught by Community Ed Instructor Paul Gregor.

Ages 8+ and adult
Wednesdays | Starts Jan. 24 | 8 Sessions
6-7 p.m. | Parkway NE Middle | \$49/person



If you know a few chords or don't know any, Family Guitar is a great way for you and your child to learn a fun instrument together.

ADULT PERFORMING ARTS

STAGES Showstoppers

Join STAGES St. Louis in this exciting class and have fun while exploring some of Broadway's most popular classical to contemporary musicals. You will be introduced to basic elements of theatre or expound upon your theatrical knowledge through learning songs, scenes and choreography from your favorite shows. Offered in partnership with STAGES St. Louis.

Ages 18+ | 11 a.m. - 12 p.m. | 6 sessions
Wednesdays | Starts March 21 | Ellisville Elem.
\$89 Gold Card/Golden Key Does Not Apply

NEW
WEEKDAY
PROGRAM!



Learn to Be a Community Ed Instructor

Monday | April 2 | 6-7 p.m. | Ellisville Elementary



Find out what it takes to be come a Community Ed Instructor!
Have a passion for teaching or a hobby? Learn how you can share it with our community and make money. Meet with our staff about class ideas and to answer any questions you might have to be a Community Ed instructor.



Discover Your Creative Side

KIDS NIGHT OUT ART

Winter Wonderland

Grab your friends and get ready to celebrate winter. We will use all sorts of art mediums to create fun winter art projects. We will provide pizza and fun! Taught by Community Ed instructor Melinda Davis.



Grades K-5

Friday | January 19 | 6-8 p.m.

Hanna Woods Elementary | \$25

Kids can get expressive in these fun art programs while parents enjoy a night out too!

Spring Spectacular

It's time for Spring! Come enjoy time with friends as we create crafts to celebrate the April showers and May flowers! We will create different art projects and celebrate with pizza and fun! Taught by Community Ed instructor Melinda Davis.



Grades K-5

Friday | April 13 | 6-8 p.m.

Hanna Woods Elementary | \$25

FAMILY ARTS

Parent-Child Art

Back by popular demand! Explore the tools and techniques of a fine artist while having fun discovering the world of art with your child! Together as a team participate in different artistic media and techniques as we draw, paint, splatter and create while making lasting memories.

Grades K-5 and parent

Tuesdays | Starts April 3 | 6 sessions

5:30-6:30 p.m. | Selvidge Middle | \$35 per person



Did you know that Community Ed has art programs for youth, families and adults? There's sure to be something for you!

ADULT ARTS

Beginning Calligraphy

Here's your chance to create beautiful artistic lettering. Good handwriting is NOT a prerequisite! Learn to write in uncial (Celtic), one of the easiest to learn among the classic lettering styles and discover the wide world of the art of calligraphy. Taught by Community Ed instructor Cheryl Tefft.

Ages 18+

Wednesdays | Starts Jan. 24 | 9 sessions

6:30-8:30 p.m. | Parkway Northeast Middle

\$149

Creative Craft Design

Love arts and crafts but not sure where to start? This is the class for you as we let our creativity shine and develop a true understanding of crafts and complete projects based on your hidden talents. Experience the joy of crafting with us. Taught by Community Ed instructor Angela Jurgenson.



Ages 18+

Mondays | Starts Jan. 22 | 6 sessions

6-7:30 p.m. | Selvidge Middle

\$59/\$29.50 Gold Card/Golden Key

Exploring the Art of Personal Writing

Let's start the new year with getting your journal started! Writing is an important, accessible art form of the creative process.



Ages 18+

Mondays | Starts Jan. 29 | 6 sessions

6-8 p.m. | Parkway Southwest Middle

\$59/\$29.50 Gold Card/Golden Key

Scrapbooking

Overwhelmed with the thought of Scrapbooking? Well, no more! Come navigate through scrapbooking products and enjoy the creative process! This class will give you the confidence to scrapbook the 'real' in your life. Taught by Community Ed Instructor Angela Jurgenson.



Ages 18+

Mondays | Starts Jan. 22 | 6 sessions

2-3 p.m. | Ellisville Elementary

\$59/\$29.50 Gold Card/Golden Key



Summer Expo

What will YOU be doing this summer?

**Plan your child's summer activities
with over 90 local and regional exhibitors!**

Sunday, February 11, 2018 | 11 a.m.–3 p.m.

Parkway West High School

14653 Clayton Road, Ballwin, MO 63011

**Admission is FREE and open to families
throughout the St. Louis area!**

www.summerexpostl.com





Spring Into Action On the Court & Field

YOUTH TENNIS

Saturday Junior Tennis Clinics

If you're looking to introduce your youngster to the game or have a budding star looking to fine-tune their strokes and develop strategic play, these clinics are for you.

Saturdays | Starts April 7 | 6 sessions

Lafayette High and Parkway South | \$89

Red: Ages 5-8

9-10 a.m.

Intro to basic stroke fundamentals and rules of the game.

Orange: Ages 10 & under 10-11 a.m.

Encourages players to rally while learning the basics of score keeping. Singles and doubles are also introduced.

Green: Ages 12 & under 10-11 a.m.

For more experienced players and an introduction to more strategy based drills.

Yellow: Ages 13-18

11 a.m.-12 p.m.

For players with prior tennis experience. Drills are primarily live ball and strategy oriented.

ADULT TENNIS

Tennis Clinics

If you're looking to get some tips and improve your strokes a bit or fine tune your skills for more competitive play, these clinics are for you! At all levels, fundamental stroke technique is developed, live play is emphasized and singles and doubles positioning is evaluated. More experienced players will focus on advanced technical shots and match strategy. Movement and fun are major class components. Offered in partnership with Vetta Sports.



Tennis anyone? Offered at Lafayette HS and Parkway South HS!

Ages 18+ | Saturdays | Starts April 7
6 sessions | 11 a.m.-12 p.m.

Lafayette or Parkway South High | \$89

PARKWAY ROCKWOOD

FLAG FOOTBALL LEAGUE

Learn all the skills of the game in this recreational league in partnership with NFL Flag Football.

Games played on high school turf fields in Parkway and Rockwood.

All players receive an authentic replica NFL jersey

Boys K-8

Practices begin week of March 5

Games on Sundays starting March 24

Registration \$89 | \$109 after Feb. 13



Stay Active in Winter with Sports

BASKETBALL

Mighty Mites Basketball

Young and beginning players will have a ball while learning fundamental skills and rules of the game. Offered in partnership with Ozzie Smith's Sports Academy.



Grades K-2 | Saturdays

Starts January 20 | 6 sessions

Beginner (Gr. K) | 9-10:15 a.m.

Beginner (Gr. 1-2) | 10:30-11:45 a.m.

* Intermediate (Gr. 1-2) | 12-1:15 p.m.

Barretts or Ridge Meadows Elem. | \$99

** Must have previously attended Beginner session or have prior experience.*



If you're looking to get started in basketball or take your game to the next level, we've got a program for you!

Spring Basketball Clinics

Looking to improve your skills and knowledge to enhance your basketball game? These clinics are designed to do two things... have fun and help you become a better player. Fine tune your dribbling, passing, shooting, and play in scrimmage games. Offered in partnership with St. Louis Suns.

Tuesdays | Starts March 20 | 6 sessions

Boys (Gr. 3-4) | 5:30-7 p.m.

Boys (Gr. 5-8) | 7:15-8:45 p.m.

Selvidge Middle | \$99

Wednesdays | Starts March 21 | 6 sessions

Girls (Gr. 3-4) | 5:30-7 p.m.

Girls (Gr. 5-8) | 7:15-8:45 p.m.

Selvidge Middle | \$99

BASKETBALL

Basketball Skills

Looking for a spring basketball program with a little extra? Boys and girls will improve shooting mechanics, one on one defense, ball handling, passing, fitness and conditioning and much more. Offered in partnership with Athletes Global. Participants will also learn about nutrition, decision making, leadership, communication skills, team building and more.

Grades 2-5 | Mondays

Starts March 19 | 6 sessions

Grades 2-3 | 6-7:15 p.m.

Grades 4-5 | 7:15-8:30

Ellisville Elem. | \$89

WINTER SPORTS

Learn to Ski/Learn to Snowboard

Winter fun is just minutes away! Join us and learn how to ski or snowboard. Both programs include lessons, open ski, lift ticket and equipment rental (helmet rental excluded). See our website for complete details.

Tuesdays, Wednesdays or Thursdays

Starts week of Jan. 8

Hidden Valley Ski Resort

Learn to Ski | Ages 8-Adult | \$184

Lessons take place first two weeks of program

Learn to Snowboard | Ages 12-Adult | \$199

Lessons take place first three weeks of program

“My kids had never skied before (10 & 12) and are not particularly athletic. They loved the lessons and the two night of free ski so much and are hoping for season passes next year and a trip to Colorado. They are hooked!”

- Becky B.
Learn to Ski Parent

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.





Try Something New

BADMINTON

Badminton

Learn to play the fastest racket sport in the world! Improve skills through drills and instruction for first 60 minutes then put practice into game play for last 30 minutes of each session. Experience playing on a dedicated professional indoor badminton court. Offered in partnership with Arch Badminton Center.

Grades 3-8 | Mondays | 6-7:30 p.m. | 6 sessions
 Winter session starts January 15
 Spring session starts March 19
 6-7:30 p.m. | Arch Badminton Center | \$99

BATON

Introduction to Baton Twirling

Experience the creativity, fun and excitement of baton twirling! Learn twirling skills in a high energy, positive format. Taught by Community Ed instructor Lisa Bartfeld.

Grades K-5 | 6:30-7:30 p.m. | 6 sessions
 Wednesdays | Starts Jan. 17 | Highcroft Ridge
 Thursdays | Starts Jan. 18 | Ellisville Elem.
 Wednesdays | Starts March 7 | Highcroft Ridge
 Thursdays | Starts March 8 | Ellisville Elem.
 \$69

FENCING

Junior Fencing Program

Improve your speed, strength, skill and strategic skills and try a great new sport. Learn basic footwork and blade work in this beginner's class. Session will culminate with a class tournament. Offered in partnership with Parkway Fencing Club.

Ages 10-14
 Mondays | Starts January 22 | 6 Sessions
 6:30-8 p.m. | Ellisville Elementary | \$135
 Thursdays | Starts January 25 | 6 Sessions
 6:30-8 p.m. | Pierremont Elementary | \$135

To register online, visit
www.prcommunityed.org or call
 636-891-6644 for more information.



GYMNASTICS

Preschool Gymnastics

Does your child enjoy fast paced movement and tumbling? If so, this program is for you. Children cultivate coordination, agility, strength and balance while learning fun, new skills. We'll use rings, beams, mats of all shapes and sizes, spring boards, bars and agility-balanced obstacles. Offered in partnership with Hi-NRG Gymnastics.

Ages 3-6 | 6-6:50 p.m. | 8 sessions | \$119
 Winter sessions
 Wednesdays | Starts Jan. 17 | Hanna Woods Elem.
 Thursdays | Starts Jan. 18 | Ellisville Elem.

Spring sessions
 Wednesdays | Starts March 14 | Hanna Woods Elem.
 Thursdays | Starts March 22 | Ellisville Elem.



Get your child from jumping off your family room sofa to climbing on obstacles.

Ninja Obstacle and Gymnastics

Join us for all the fun and benefits of gymnastics combined with ninja obstacles as seen on TV. Obstacles are designed with the young athlete in mind and will challenge your upper body strength, balance and coordination. Offered in partnership with Hi-NRG Gymnastics.

Ages 7-10 | 7-7:50 p.m. | 8 sessions | \$119
 Winter sessions
 Wednesdays | Starts Jan. 17 | Hanna Woods Elem.
 Thursdays | Starts Jan. 18 | Ellisville Elem.

Spring sessions
 Wednesdays | Starts March 14 | Hanna Woods Elem.
 Thursdays | Starts March 22 | Ellisville Elem.



Get Moving with Martial Arts & Yoga

MARTIAL ARTS/SELF DEFENSE

Karate

Develop confidence, self-control and a calmness while learning self-defense and having FUN! Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including throws and breaking free from an attacker or bully. Stressed as a martial art rather than a competitive sport. Offered in partnership with Karate STL.

Ages 4-14+

Mondays | 6 sessions | Ross Elem. | \$79

Winter session starts Jan. 29

Spring session starts April 3

Tiny Tigers | Ages 4-6 | 6-6:50 p.m.

Kids Karate | Ages 7-13 | 7-7:50 p.m.

Adult Karate | Ages 14+ | 8-8:50 p.m.

Tuesdays | 6 sessions | Selvidge Middle | \$79

Winter session starts Jan. 30

Spring session starts April 4

Tiny Tigers | Ages 4-6 | 6-6:50 p.m.

Kids Karate | Ages 7-13 | 7-7:50 p.m.

Adult Karate | Ages 14+ | 8-8:50 p.m.



Build your child's confidence, discipline and strength through a six-week karate course.

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.



MARTIAL ARTS/SELF DEFENSE

Women's Night of Self Defense

Participants practice various tactics of defense and offense but never need to do anything that feels uncomfortable to them. While self-defense is very serious, learning it doesn't have to be. The classes are educational, but always fun! Offered in partnership with Karate STL.



Ages 18+ | Monday | January 22

6-9 p.m. | Ross Elem. | \$25

YOGA FOR FAMILIES

Yoga for Kids:

A Taste of Yoga (with parent)

Have fun and get fit participating with your child in a yoga class designed to improve flexibility, strength, and balance while enhancing focus and awareness. Parent must enroll and attend with their son/daughter. Bring your yoga mats to class. Offered in partnership with Fitness With a Twist.

All ages | 6-7 p.m. | 4 sessions

Parkway Central High

Winter session starts January 25

Spring session starts April 2

\$39/person

Gold Card/Golden Key Card does not apply



Make time for you and your child to spend an evening together with Yoga for Kids.



Rockwood Thunder Volleyball

Rockwood Thunder Volleyball Club is a competitive program and the largest member of Gateway Region USA Volleyball.

U10-U18 teams compete in local, regional and national tournaments.

For younger athletes, Rockwood Thunder offers a variety of instructional programs for boys and girls ages 5-10.

Coaches stress individual skills for player development and values such as teamwork, commitment and sportsmanship.

In 2016, US Club Rankings rated Rockwood Thunder 12th in the nation, 1st in Missouri and 1st in the Gateway Region.

Programs are open to athletes throughout the St. Louis region.

View www.rockwoodthundervbc.com for more information.



Our family has been a part of the Rockwood Thunder Volleyball Club family for years. We have been fortunate to play for exceptional coaches, who have greatly influenced our daughters' love for the sport. We have been more than satisfied with the dedication this club has offered our daughters.

-Becky H.

Rockwood Thunder parent



Rockwood Thunder's Volley Totz program is a fun way to get introduced to volleyball with coaching from the best club in the area.

Volley Totz

It's never too early to start learning to play volleyball! This fun and active program introduces youngsters to the sport through age appropriate activities. It is a simple, fun, and enjoyable program that focuses on physical fitness, coordination, and agility. Lace up your shoes, throw on your knee pads, and come and learn to love this lifetime sport!

Ages 5-7 | Wednesdays | Starts Jan. 10 | 7 sessions
5-6:15 p.m. | Parkway West Middle | \$99

Join the SwimAmerica Team!

We have immediate openings in Ellisville and Fenton

- Flexible evening and weekend hours
- Convenient locations
- All training provided (you do not have to be a certified lifeguard)
- Work with kids
- Teach a valuable life skill
- Have FUN!

Call 636-891-6644 or visit www.prcommunityed.org.





Hit the Court with Us

YOUTH VOLLEYBALL

Developmental Program

Fine tune your game in a fun way through skills clinics and match competition. Gather your teams or friends and register to take your game to the next level. Boys and girls will work with current USAV or collegiate players and/or coaches. Offered in partnership with Stratman Sports.

Grades 5-8

Wednesdays | Starts January 17 | 8 sessions

Parkway West Middle School

Grades 5-6 | 7:30-8:30 p.m. | \$110

Grades 7-8 | 8:30-9:30 p.m. | \$99

ADULT VOLLEYBALL

Co-Ed Recreational Volleyball League

Get a group of friends together and spend your Tuesday or Friday evenings having fun playing volleyball. Register as a team, no individual sign-ups.

Ages 18+

Fridays | Starts January 5 | 10 weeks

7 or 8:30 p.m. games | Selvidge MS | \$125/team

Tuesdays | Starts January 23 | 8-game schedule

6:30 p.m. | Ridge Meadows Elem. | \$160/team*

**League schedule and referee provided*

Co-ed Volleyball Open Play

Don't have a team? No problem! Join us and meet new people while having fun playing volleyball. Register as an individual and get placed on a team each week. All skill levels welcome.

Ages 18+

Wednesdays | Starts January 10 | 10 weeks

7:30-9:30 p.m. | Parkway North High | \$55



PARKWAY  ROCKWOOD

SPRING VOLLEYBALL LEAGUE

Grades 3-8

Practices begin week of March 5

Games on Saturdays starting April 7

Registration \$79 | \$109 after Feb. 13



Looking for a fun way to learn and play volleyball? Join this league to develop fundamental skills through practices and match competition. The league includes practices and a six-game schedule. Sign up by team or individually. We are partnering with Lindbergh School District to provide a bigger league.



Spring Into Action

BASEBALL

T-Ball Tots Instructional Program

Batter up! Join us for this program that introduces children to the basics of t-ball in a fun setting. We will divide each week into instructional practice and game time. Volunteer coaches needed.

Grades Pre K-K

Saturdays | Starts April 7

6 sessions | 11-11:50 a.m. | Fairway Elem. | \$75



Get into the swing of things and have a ball with T-Ball Tots.

CHEERLEADING

Cheer & Hip Hop Dance

Does your child like to cheer and dance or interested in trying something new? If so, join our Athletes Global instructors and learn fundamentals in motions and jumps, cheers, basic tumbling and various dance styles. This is a great introductory class for all kids interested in Cheer and Hip Hop Dance.

Grades 1-6

Tuesdays | Starts March 20 | 6 sessions

Grades 1-3 | 6-6:55 p.m.

Grades 4-6 | 7-7:55 p.m.

Woerther Elem. | \$79

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.



LACROSSE

Kids Basic Skills Lacrosse Program

Have fun and give lacrosse a try without making a big commitment. Young boys and girls get introduced to the game using lacrosse sticks and tennis balls as they learn to cradle, catch, throw, and shoot through fun interactive games.

Grades 1-3

Saturdays | Starts March 31 | 6 sessions

9-9:45 a.m. | Crestview Middle | \$79

Boys Lacrosse Developmental Program

Learn basic fundamentals of cradling, catching, throwing and shooting through exciting drills and mini-games and scrimmages. Players will learn about lacrosse the positions, field, penalties and more about the game. We will also introduce the kids to proper stretching routines and their importance.

Grades 4-8

Saturdays | Starts March 31 | 6 sessions

Gr. 4-6 | 10-11:15 a.m.

Gr. 7-8 | 11:30 a.m. - 1 p.m.

Crestview Middle | \$99



Our lacrosse programs are a great way to give one of the fastest-growing sports a try.

MULTI-SPORTS

Sports Sampler Program

Get boys and girls active and introduced to games such as basketball, soccer, lacrosse and golf. The majority of time is spent teaching fundamental skills and rules followed by game-like situations. This is an excellent opportunity to try out new sports without committing to an entire season. Offered in partnership with Athletes Global.

Grades K-5 | Wednesdays | Starts March 28

6 sessions | 6-7:45 p.m. | Fairway Elem. | \$89



Get Your Kicks With Us

SOCCER

Soccer Shrimps

Little ones will love playing the game and learning basic soccer skills through fun activities and games. Each week, players will receive a variety of instructional practice and game play. All players receive shirt and ball.

Saturdays | Starts April 7

6 sessions

Age 3 | 10-10:40 a.m.

Ages 4-5 | 9-9:50 a.m.

Green Trails or Ridge Meadows Elem. | \$89



No matter your age or skill level, we've got a soccer program for you with Soccer Shrimps and our Developmental Soccer Program.

Developmental Soccer Program

Take your game to the next level in this engaging camp! Boys and girls will learn proper technique, improve individual ball skills, participate in team building exercises and gain confidence on the ball. Campers receive a t-shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Saturdays | Starts April 7 | 6 sessions

Gr. K-2 | 9-10:15 a.m.

Gr. 3-5 | 10:30-11:45 a.m.

Parkway South Middle | \$94

INDOOR SOCCER/FUTSAL

Indoor Soccer/Futsal League and Training Clinics

Can't get enough soccer?

Brand-new format includes Wednesday or Friday evening training sessions with drills on individual ball skills, team-building exercises and building self-confidence one day a week. Then put your skills into action in Sunday games. Includes T-Shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.



Grades K-5

Winter Session

Training Clinics

Wednesdays | Starts Jan. 3 | 6 sessions

4:30-5:25 p.m. or 5:30-6:25 p.m. | Vetta Manchester or

Fridays | Starts Jan. 5 | 6 sessions

6-7 p.m. or 7-8 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Jan. 7 at various Parkway and Rockwood Facilities

\$219/session for league and clinics

\$135/session for just clinics



Don't let the cold weather keep you from playing soccer! Check out the new format of our Futsal Training League.

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.





Exercise Classes with Julie

ADULT FITNESS CLASSES

Ballet Barre Sculpting

Dance your way to better fitness by learning exercises dancers use to tone, sculpt and strengthen arms, legs, back and stomach. Improve posture and increase flexibility in a low impact way that requires no dance experience.

Ages 18+ | Wednesdays | 7-8 p.m.
Starts January 24 | 10 sessions
Sorrento Springs Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Boot Camp

Jump start your exercise program as we focus on toning, flexibility and calorie burning. Learn exercises that stem from dance, Pilates, strength training and other fitness programs. The class will mostly be low impact and will be adjusted to fit each individual's fitness level.

Ages 18+ | Wednesdays | 8-9 p.m.
Starts January 24 | 10 sessions
Hanna Woods Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Core Strengthening

Work your abs in every way possible targeting your core and improving strength, flexibility, and everyday health.

Ages 18+ | Wednesdays | 8-8:30 p.m.
Starts January 24 | 10 sessions
Sorrento Springs Elementary
\$35 | \$17.50 Gold Card/Golden Key Card

Stretching and Flexibility

Stretch, strengthen and align your body with this fitness class! Come join us to increase flexibility to make everyday chores easier. Work at your own pace and progress at a comfortable pace. Within a few weeks you will see the difference stretching can have on your daily life.

Ages 18+ | 7-8 p.m. | 10 sessions
Tuesdays | Starts January 23 | Wren Hollow
Thursdays | Starts January 25 | Parkway Central HS
\$55 | \$27.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community
Ed fitness
instructor
Julie Williams
has been
teaching
dance and
fitness classes
for more than



15 years and has had more than 20 years of training. She was the first person in the state of Missouri to be certified to teach all types of dance and fitness classes.

ZUMBA

Advanced Zumba

Want to take your love of Zumba to the next level? Learn more advanced steps and move a bit faster. Come move to the beat in this exercise class that helps strengthen muscles, promote weight loss and have fun!

Ages 18+ | Mondays | 10 sessions
Winter session starts January 22
7-8 p.m. | Hanna Woods Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Zumba

Move to the beat! Zumba is the exercise craze that combines aerobic workout, high energy and motivating music, with fun Latin dance steps and rhythms. This effective, high calorie burning workout is fun, easy to follow and requires no prior dance experience. Strengthen muscles, promote weight loss or just cut loose and have fun.

Ages 18+ | 8-9 p.m. | 10 sessions
Tuesdays | Starts January 23 | Wren Hollow Elem.
Thursdays | Starts January 25 | Parkway Central HS
\$55 | \$27.50 Gold Card/Golden Key Card



Take Time Out & Find Inner Peace

TAI CHI

Beginning Tai Chi

Learn basic Tai Chi movements and the first part of the Yang style 24 form. The practice of Tai Chi has been shown to improve muscle strength, flexibility and balance, as well as reduce stress. For this low impact class, wear comfortable clothing and flat shoes.

“Wendy is very patient and yet moves forward. No one feels rushed. She is perfectly suited to this type of education.”

- Ed H.
*Past Beginning
Tai Chi Participant*

Ages 18+

Mondays | Starts Feb. 12 | 10 sessions
5:30-6:25 p.m. | Parkway West High

Thursdays | Starts Feb. 22 | 10 sessions
6:30-7:25 p.m. | Selvidge Middle

\$55 | \$27.50 Gold Card/Golden Key Card

Advanced Tai Chi

For students who have learned the entire 24 form and wish to refine their practice.

Ages 18+

Mondays | Starts Feb. 12 | 10 sessions
7:30-8:25 p.m. | Parkway West High

\$55 | \$27.50 Gold Card/Golden Key Card

ADULT WELLNESS

Meditation

Meditation - it's good for everyone! Meditation can enhance mental clarity, bring emotional balance, increase focus, develop a relaxed attitude through increased awareness, and slow body mechanisms enhancing relaxation. It is a serious way to decrease stress, reduce anxiety, and other forms of discomfort. Discover breathing and meditation techniques, as taught by the Himilayan Masters, as we explore the basic steps to mindfulness meditation. Offered in partnership with Fitness With A Twist.

Ages 18+ | 6-7 p.m. | 4 sessions

Winter session | Mondays | Starts January 22

Spring session | Thursdays | Starts April 5

Parkway Central High

\$59 | Gold Card/Golden Key Card Does Not Apply

ABOUT THE INSTRUCTOR

Community
Ed fitness
instructor
Wendy Carter
Richards
has been
studying and
practicing tai
chi for more



than 10 years and teaching for more than 5 years. Wendy studied Yang style tai chi with Leonard Bissa. She currently studies Wudang tai chi with Tim Bruewer, Director - St Louis Daoist Association.

Continuing Tai Chi

For students who have taken the beginning Tai Chi class, we will continue to explore the gentle movements through focus on learning the Modified Yang 24 Form.

Ages 18+

Mondays | Feb. 12 | 10 sessions
6:30-7:25 p.m. | Parkway West High

Thursdays | Starts Feb. 22 | 10 sessions
7:30-8:25 p.m. | Selvidge Middle

\$55 | \$27.50 Gold Card/Golden Key Card

Slim and Trim

Slim and Trim your way to better health! This class includes exercises to firm and tone muscles, light aerobic for burning calories and improving the cardiovascular system and stretching for increasing flexibility while releasing body tensions. Bring 1-3 pound handheld weights to class based on your ability. Taught by Community Ed instructor Joyce Weinstock.

Ages 18+ | Wednesdays | 7 sessions

Winter session starts January 24

Spring session starts March 14

7-8 p.m. | Parkway Northeast Middle

\$32 | \$16 Gold Card/Golden Key Card



Namaste! Enjoy the Benefits of Yoga

YOGA FOR ADULTS

Beginning Yoga

Disengage from stress and schedules to find time for yourself. Improve flexibility, strength, and balance. Yoga benefits those of all ages. Offered in partnership with Fitness With A Twist; taught by Iyengar Certified, RYT, S Womack, Ph.D.

Ages 18+ | Thursdays | 7-8 p.m. | 7 sessions
Winter session starts January 25
Spring session starts March 15
Parkway Central High
\$69 | *Gold Card/Golden Key Card does not apply*

Continuing Yoga

Build on your yoga skills to increase flexibility, strength, balance and awareness while calming your mind through breathing techniques. Offered in partnership with Fitness With A Twist; taught by Iyengar Certified, RYT, S Womack, Ph.D.

Ages 18+ | Mondays | 7-8:30 p.m. | 7 sessions
Winter session starts January 22
Spring session starts March 19
Parkway Central High
\$85 | *Gold Card/Golden Key Card does not apply*

Core and Restore

Strengthen your entire core including both the abs and back. Class will also incorporate floor postures to stretch, open and release the entire body.

Ages 18+ | Mondays | 7-7:55 p.m. | 10 sessions
Starts January 29 | Sorrento Springs Elementary
\$79 | *Gold Card/Golden Key Card does not apply*



Vinyasa Yoga

Gradual progression of poses target muscles and leads to a dynamic and challenging flow from posture to posture. It is a connection of mind, body and spirit that incorporates different types of poses. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+ | Tuesdays | 7-8 p.m. | 7 sessions
Winter session starts January 23
Spring session starts March 20
Selvidge Middle
\$39 | *\$19.50 Gold Card/Golden Key Card*

Yin Yoga

This slower paced yoga targets the connective tissues such as ligaments, bones and joints. It's the perfect compliment to the dynamic and muscular (yang) styles. Yin cultivates awareness of inner silence, a mindfulness meditative type of yoga. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+ | Tuesdays | 6-7 p.m. | 7 sessions
Winter session starts January 23
Spring session starts March 20
Selvidge Middle
\$39 | *\$19.50 Gold Card/Golden Key Card*

Vinyasa Flow Yoga

Connect movement to breath while developing strength and flexibility. Incorporate meditation and a series of postures to restore your body, mind and soul. Accessible for all levels with props available and variations to challenge more advanced practitioners as well.

Ages 18+ | Mondays | 6-6:55 p.m. | 10 sessions
Starts January 29 | Sorrento Springs Elementary
\$79 | *Gold Card/Golden Key Card does not apply*

GIVE YOGA A TRY WITH OUR BRAND-NEW 30-MINUTE SESSIONS!

Slow Flow - Vinyasa Yoga

Unwind from your day with this vinyasa style yoga class accessible to all levels. Focus on breath guiding fluid movements through the postures to gently engage all muscle groups. Props will be available. Bring yoga mat, towel and water.

Ages 18+ | Tuesdays | 6-6:30 p.m. | 10 sessions
Starts January 30 | Crestview Middle
\$59 | *Gold Card/Golden Key Card does not apply*

Fast Flow - Vinyasa Yoga

This vinyasa style yoga class will blend gentle warm up & cool down with a more energetic flow. Bring a yoga mat, towel and water.

Ages 18+ | Tuesdays | 6:45-7:15 p.m. | 10 sessions
Starts January 30 | Crestview Middle
\$59 | *Gold Card/Golden Key Card does not apply*

Try a 30-minute yoga class while your child is at SwimAmerica or volleyball practice



Adult Program Registration Form

Participant 1 Information

Participant 1: _____

Birth Date: _____ Gender: ☐ Male ☐ Female

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Rockwood Gold Card/

Parkway Golden Key Card Holder: ☐ Yes ☐ No

Program Registration

Program Name: _____

Location: _____

Program Name: _____

Location: _____

Participant 2 Information

Participant 2: _____

Birth Date: _____ Gender: ☐ Male ☐ Female

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Rockwood Gold Card/

Parkway Golden Key Card Holder: ☐ Yes ☐ No

Program Registration

Program Name: _____

Location: _____

Program Name: _____

Location: _____

Payment Information

Total Fee: \$ _____

Payment Method: ☐ Cash ☐ Check (make payable to Parkway-Rockwood Community Ed)

☐ Credit Card (MasterCard, Visa or Discover): Card Number: _____ Exp Date: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In return for being accepted into a program offered by the Parkway-Rockwood Community Education Department, ("the Program"), I:

1. Acknowledge that I understand the nature of the Program, and that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time I believe conditions to be unsafe with respect to my physical condition, the equipment, or facilities, I will immediately discontinue participation in the Program.
2. Further acknowledge that the program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
3. Accordingly, I hereby release the Parkway and Rockwood School Districts, together with their directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of my participation in the Program; and I further agree that if, despite this release and waiver of liability agreement I, or anyone on my behalf, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
4. Acknowledge that from time to time, Community Ed employee/designee may photograph or videotape myself while I am involved in a Community Education program or activity. These photographs or videotape will solely be used by Community Ed for the promotion and marketing of district programs/activities and will not be sold. I have read this agreement, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____

Participant 2 Signature: _____ Date: _____



Close to Nature - Close to Home

Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD SCOUT ADVENTURES

Scout Badge Opportunities

The Babler Outdoor Education Center offers badge programs by appointment for Girl Scouts and Cub Scouts. There are a variety of environmental education, outdoor skill and craft programs to choose from. Many programs are designed to complete specific badge or elective requirements, while others were created as unique opportunities for scouts. All programs are completely customizable and new programs can be created to fit your troop's needs. Appointments are set on a first come, first serve basis and availability depends on the Outdoor Education Center schedule. You can download a list of programs from our website or give us a call to create your own program. Call the office today at 636-458-3048 to make an appointment.

Prices/duration vary depending on the program.

Girl Scouts

Brownie Scouts | 1.5 hours | \$8 per scout
 Junior Scouts | 2 hours | \$10 per scout
 Cadette Scouts | 2 hours | \$10 per scout

Cub Scouts

Tiger Scouts | 1 hour | \$5 per scout
 Wolf Scouts | 1.25 hours | \$6 per scout
 Bear Scouts | 1.5 hours | \$8 per scout
 Webelos | 2 hours | \$10 per scout
 Belt Loop/Pin Programs | 2 hours | \$10 per scout

RENT THE BABLER OEC

Interested in Renting the Babler OEC?

The Babler Outdoor Education Center (OEC) is a 300-acre retreat in Babler State Park that offers outdoor education and recreational opportunities tailored to meet your group's needs. The large, heated facilities and outdoor setting accommodate large day groups or overnight group of up to 136 participants, making the OEC an ideal location for meetings, field trips, retreats and campouts. For more information contact us at bableroec@prcommunityed.org or 636-458-3048.

WILD FAMILY FUN



Join us for an egg hunt like no other while you learn about nature and GPS with your family. Sign up early as space is limited and the program sells out quickly!

GPS Egg Hunt

Back by popular demand!

Bring your family out to BablerWiLD and the Outdoor Education Center for the 4th annual GPS Egg Hunt in Babler State Park! No previous experience is necessary as BablerWiLD will provide one hand held GPS unit per family along with all the instructions you will need to start finding eggs. Want to use your own equipment? No problem! We will supply you with all the coordinates for the hidden eggs for you to use with your own GPS system. There will be tons of prizes to give away and even more fun to be had. This program fills up fast so be sure to sign up early to secure your spot! Bring out the whole family to Babler State Park and go on an egg hunt you will never forget!

Note: If you choose to use a personal GPS device, you must be able to input Latitude and Longitude coordinates. BablerWiLD is not responsible for lost or damaged equipment.

All Ages

Sunday | March 25

9:30 a.m. - 12:30 p.m. or 1:30-4:30 p.m.

\$6 per person

Adventure and Your New Best Friend are Calling



Great Lakes Voyage

For any student currently in grades 5-7

Travel to the North Shore of Lake Superior for a week of adventure and outdoor education including:

- Canoeing
- Zip line
- Hiking
- Lighthouse tour
- Rock climbing
- Voyager history
- Alpine coaster
- And more!

Grades 5-7 | July 22-28, 2018

\$675 | A \$175 deposit is due at time of registration.

Go on a Trek & Travel adventure this summer to explore science and nature with students, teachers and staff. We will venture to the Great Lakes and a brand-new trip to the Atlantic Coast. Secure your spot and register now at www.prcommunityed.org.

Atlantic Coastal Quest

For any student currently in grades 8-9

Pack your bags and head to the coast on this brand-new Marine Science trip! Venture to Wallops Island for a week of discovery on the Virginia coast. We will:

- Explore a maritime forest ecosystem
- Collect critters on a research cruise
- Kayak
- Enjoy a day at the beach
- Go orienteering
- And more!

Grades 8-9 | June 24-30, 2018

\$995 | A \$170 deposit is due at time of registration.





Rockwood Swim Club

Rockwood Swim Club (RSC) is founded on the belief that competitive swimming offers an exciting, worthwhile experience in a young person's life. With nearly 300 swimmers, RSC is continually ranked in the top 5% of swim clubs in the nation. Whether you are looking to swim for a club full time, to continue swimming after summer league, to prepare for high school competition, or to train for college scholarships, RSC provides swimming programs for athletes of all abilities. RSC is open to swimmers throughout the St. Louis region.



Qualifications: Swimmers need to be able to swim at least 300 yards and a legal 100 Individual Medley to be placed on the team.

Group Placement: All new swimmers need to attend a swimming placement session at one of the times listed below in order to be placed in an appropriate swim club group.

Dec. 11-12 | 7:15-7:45 p.m. | Crestview Middle
 March 5-6 | 7:15-7:45 p.m. | Crestview Middle
 May 21-22 | 7:15-7:45 p.m. | Crestview Middle

Fees: A USA membership, administration, program enhancement and swim meet fees are in addition to the monthly club fees and are the responsibility of the swimmer.

Visit www.rockwoodswim.org or call 636-891-6644 for more information.



The 50-meter outdoor pool at Crestview Middle School was recently renovated and is our training facility from April through October.

Summer League Prep

This seven week program is the perfect choice to prepare for your Summer swim team! Three practices a week focusing on stroke technique, racing strategy, starts and turns, and more! This program is led by Rockwood Swim Club coaches.

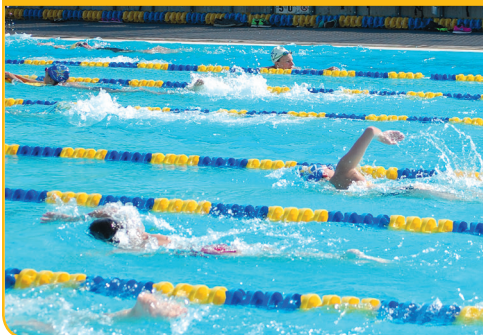
Ages 5-18 | April 2 - May 19
 Tuesdays | 7:15-8:15 p.m. | Lafayette High
 Wednesdays | 6-7 p.m. | Eureka High
 Saturdays | 12-1 p.m. | Lafayette High
 \$199

High School Prep

This program is for high school swimmers that want a tune-up before the high school season. The program focuses on endurance, starts and turns and all the things important to high school swimming. Practices will be three days per week for 1.5 hours in the evenings.

Grades 9-12 | June 5 - July 28
 Tuesday & Thursday | 5:30-7 p.m.
 Saturday | 10 a.m.-11:30 a.m.
 Marquette High | \$249

Recognition Award



Rockwood Swim Club is the only Silver Medal Club in St. Louis for 2017. The USA Swimming Club Excellence

Program identifies and recognizes swim clubs for their commitment to performance excellence.



Learn to Swim

INFANT SAFETY



Infant Swimming Resource (ISR)

This program goes beyond traditional swimming instruction by teaching ISR Self-Rescue® techniques to help children survive should they find themselves in the water alone. Offered in partnership with Certified ISR Instructor Christie Cloutman.

Ages 6 months – 6 years

One-on-one, private lessons are scheduled five days per week (M-F), ten minutes each day for 4-6 weeks. Interested participants must contact Christie Cloutman at 636-590-6993 prior to registration. Visit www.isrstl.com for more information about the program.



SwimAmerica allows swimmers to progress at their own pace (no waiting to move up!)

SwimAmerica is a state-of-the-art, learn to swim program for ages 6 months to adult developed by the American Swim Coaches Association. Taught in 10 stations, each new student will be evaluated and placed in the station that best suits their ability.

My kids looked forward to each lesson and made great progress. It was so fantastic to see them really enjoy learning and it was all because of your staff. Each instructor was so knowledgeable, kind and a wonderful role model.

- Kristine R.
SwimAmerica Parent

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 8 or higher in SwimAmerica.

M & W | 7:30–8:15 p.m. | Crestview Middle
M & W | 7:30–8:15 p.m. | Rockwood Summit HS
T & Th | 7:30–8:15 p.m. | Crestview Middle

Session 4: January 3–March 8 | \$175

Session 6: March 19–May 24 | \$175

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.



Parent/Child Classes (ages 6 months–2 years): Designed to have parents in the pool with their child while learning through the use of songs and games.

Preschool Classes (ages 3–5): Designed to teach proper breathing, front/back float and kicking techniques.

SwimAmerica Classes (ages 4–17): Proper techniques are emphasized, with attention to correct body position, movement of arms and legs, breathing and timing of strokes.

Private Lessons

(all ages): For those who prefer one-on-one instruction.

See complete schedule of all SwimAmerica classes on pages 34–35.

TAKE
A COOKING OR
YOGA CLASS
WHILE YOUR
CHILD SWIMS!
SEE PAGES 9
AND 28!



Learn to Swim

SWIMAMERICA SCHEDULES

All weekday classes meet once a week on the same day each week. **There will be no make-ups or refunds if you are unable to attend a class.**

Crestview Session Schedule

Session 4: January 3 - February 3

Session 5: February 5 - March 8
No class March 9-10

Session 6: March 19 - April 21
No class March 30-31

Session 7: April 23-May 24

Rockwood Summit Session Schedule

Session 4: January 3- February 3
No class January 10

Session 5: February 5 - March 7

Session 6: March 19 - April 21
No class March 21, 24, 31 and April 9

Session 7: April 23 - May 23
No class April 28

WE'RE HIRING SWIMAMERICA INSTRUCTORS

Top reasons to become an instructor with our SwimAmerica program:

- Flexible evening and weekend hours that work around your school schedule
- Convenient locations in Ellisville and Fenton
- All training provided (you do not have to be a certified lifeguard)
- Work with kids while teaching a valuable life skill
- Have FUN!



APPLY TODAY!

We have immediate openings at both locations. Call 636-891-6630 or visit our website for more information.

Rockwood Summit High School | Group Lessons

Day	AM Times	Class	Sessions	Fee*
Saturday	9:15–9:45 a.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Saturday	9:15–9:55 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Saturday	10–10:40 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Day	PM Times	Class		Fee*
Monday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65

*Prices vary based on number of weeks class runs: 3 weeks (\$39) 4 weeks (\$52), 5 weeks (\$65)

Rockwood Summit High School | Private Lessons

Days	AM Times	Class	Sessions	Fee*
Saturday	10:45–11:10 a.m.	Private Lesson	4, 5, 6, 7	\$63/\$84/\$105

Crestview Middle School | Private Lessons

Day	PM Times	Class	Sessions	Fee*
Friday	6–6:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	6:30–6:55 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	7–7:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Saturday	11:45 a.m.–12:10 p.m.	Private Lessons	4	\$84/\$105
Saturday	12:15–12:40 p.m.	Private Lessons	4	\$84/\$105
Saturday	12:30–12:55 p.m.	Private Lessons	5, 6, 7	\$84/\$105
Saturday	1–1:25 p.m.	Adaptive Lessons	6, 7	\$84/\$105

*Prices vary based on number of weeks class runs: 3 weeks (\$63), 4 weeks (\$84), 5 weeks (\$105)



Learn to Swim

SWIMAMERICA SCHEDULES

Crestview Middle School Group Lessons				
Day	AM Times	Class	Sessions	Fee*
Monday	9:30–10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Monday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10:30–11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	9:30–10 a.m.	Parent/Child	4, 5, 6, 7	\$52/\$65
Wednesday	9:30–10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10:30–11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Day	PM Times	Class	Sessions	Fee*
Monday	4:30–5:10 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Monday	5:15–5:55 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Monday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Tuesday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	6–6:30 p.m.	Preschool	6, 7	\$52/\$65
Tuesday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Tuesday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	4:30–5:10 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	5:15–5:55 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Thursday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	6–6:30 p.m.	Preschool	6, 7	\$52/\$65
Thursday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Thursday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Friday	4:30–5 p.m.	Preschool	6, 7	\$52/\$65
Friday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Friday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Day	AM/PM Times	Class	Sessions	Fee*
Saturday	8:55–9:25 a.m.	Parent/Child	4, 5, 6, 7	\$52/\$65
Saturday	8:55–9:25 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Saturday	9:30–10:10 a.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Saturday	10:15–10:55 a.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Saturday	11–11:40 a.m.	SwimAmerica	4, 5, 6, 7	\$52/\$65
Saturday	11:45 a.m.–12:25 p.m.	SwimAmerica	5, 6, 7	\$52/\$65

*Prices vary based on number of weeks class runs: 4 weeks (\$52) and 5 weeks (\$65).



Get Moving in the Water

ADULT SWIMMING PROGRAMS

Adult Master/ Lap Fitness Swimming

Try our coached master swim program or do your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve. Call 636-891-6630 for more information.

Ages 18+

Monday–Saturday

5–6:30 a.m. | Marquette High

Monday–Friday

10:30 a.m.–12 p.m. | Crestview Middle

Daily: \$5 per visit (payable at pool)

Monthly (unlimited swims): \$80

Monthly rate begins the first of each month

Session (January–April): \$160

No pre-registration required.



Did you know you could utilize district facilities like the Marquette High and Crestview Middle School pools through Community Ed?

Adult Beginner Swim Lessons

This class is for the true beginner age 19 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water. More advanced swimmers can attend the adult master swim program.

Saturdays | 8–8:40 a.m. | Crestview Middle

Session 4 | January 6 - February 3 (5 weeks) | \$65

Session 5 | February 10 - March 3 (4 weeks) | \$52

Session 6 | March 24 - April 21 (4 weeks) | \$52
(no class March 31)

Session 7 | April 28 - May 19 (4 weeks) | \$52

WATER FITNESS PROGRAMS

Water Walking



Water walking takes place in, at, or around chest deep water; sometimes it may include shallow and deep water exposure. The class will be various workouts with a focus on aerobic activity, strength and flexibility. Range of motion and proper technique will be the foundation class. All levels and swimming experience welcome.

Ages 18+

Mondays & Wednesdays | Starts Jan. 3

Crestview Middle

9:30–10:30 a.m.

\$195 Gold Card/Golden Key Card | \$97.50

Aqua Aerobics

This is not your average aqua aerobics! This low impact workout challenges adults of all ages who want to get in shape. Program incorporates aqua zumba, kick-boxing and yoga, as well as exercises with water weights. Deep water and shallow water classes meet two times per week.



Our water fitness programs are a great way to stay active that are easy on the joints.

Monday & Wednesday | Crestview Middle

8:30–9:15 a.m. | Shallow Water

Tuesday & Thursday | Crestview Middle

8–8:45 a.m. | Shallow Water

9–9:45 a.m. | Deep Water

January 3 - May 24 | \$195

No class March 12–16

Gold Card/Golden Key Card | \$97.50

Fridays | Crestview Middle

8:30–9:15 a.m. | Shallow Water

January 5 - May 18

\$90 Gold Card/Golden Key Card | \$45



Registration Information

ONLINE REGISTRATION

Online Registration is Quick & Easy!

Online registration continues to be the most convenient way to register. Visit us at www.prcommunityed.org.

CONNECT WITH US!

Keeping up-to-date is just a like, follow or click away!



www.prcommunityed.org



@Parkway-Rockwood Community Ed



@PRComEdDirector



@PRComEd



@Parkway-Rockwood Community Ed



Sign up for our e-news via our website

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents

age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. Online registration is available at the discounted price at www.prcommunityed.org. Obtain a Parkway Golden Key Card/Rockwood Gold Card by completing a brief request form online at www.prcommunityed.org or call 636-891-6644 for more information.

Registration

Available online at www.prcommunityed.org. Registration may also be made by mail. Programs are filled on a first-come, first-serve basis. An adult registration form is available on page 29.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Trek and Travel and Early Childhood programs may have separate cancellation policies. Visit our website for a list of payment and cancellation policies.

Nondiscrimination Policy

The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644. Reasonable accommodations will be made if they do not fundamentally alter the nature of the program.



Get Empowered with Free Education

ABOUT AEL



The Missouri
Adult Education
and Literacy

(AEL) Program provides assistance to help Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.

CONTACT INFORMATION

**Parkway-Rockwood Community Ed
Adult Education & Literacy Office**

314-415-4940

www.prcommunityed.org

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Our Adult Education classes help students 17 years of age or older prepare for the Missouri High School Equivalency tests (HSE/GED) tests; improve reading, writing, language and math skills; and develop college and career readiness skills.

Classes focus on:

- Basic educational skills
- Preparation for higher education
- Skills needed to enter or return to the workforce
- Skills needed to advance in the workforce

Classes are FREE and taught by certified teachers. We offer classes in the Parkway, Rockwood, Clayton, Brentwood, Pattonville, Ladue, Hazelwood and Maplewood/Richmond Heights school districts.

You do NOT need to be a resident of the school district to attend one of the classes.

VOLUNTEER OPPORTUNITIES

Teach an adult to read, write, multiply or divide. Help a foreign student converse and understand American customs. Work one-on-one or with a small group. You do not need to be a certified teacher. Training is provided. Volunteer opportunities are available in the Parkway, Rockwood, Hazelwood, Pattonville, Clayton, Brentwood and Maplewood school districts.

Call 314-415-4941 for more information.



Our Adult Education and English as a Second Language Classes are FREE.

PREPARE & STUDY ONLINE

The online classroom lets you communicate with instructors at your convenience and gives you unlimited study resources on the Internet. You can study according to your schedule, day or night. Classes are free to Missouri residents 17 years of age and older. Visit us at **www.MOLearns.com** or call 314-415-4935.



*We are always looking for volunteers.
Call 314-415-4941 if interested.*



Get Empowered with Free Education

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Class Schedule and Locations

Before beginning any class you **MUST** call 314-415-4940 for orientation dates and to sign up for a class.

Visit www.prcommunityed.org or call 314-415-4940 for more information.



Day	Time	Location	Address
Brentwood			
M–Th	9 a.m.–12 p.m.	MERS-Goodwill Center	2545 S. Hanley Rd. Brentwood, 63144
Bridgeton			
M–Th	9 a.m.–12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Creve Coeur			
M–Th	1–4 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
T & Th	5:30–8:30 p.m.	Crestview Middle School, Rm. 110	16025 Clayton Road Ellisville, 63011
Fenton			
T & Th	6–8:30 p.m.	Rockwood Summit HS, Rm. 110	1780 Hawkins Rd. Fenton, 63026
Florissant			
M–Th	9:30 a.m.–12:30 p.m.	Trinity Mt. Carmel Baptist Church	11755 Mehl Ave. Florissant, 63033
M & W	5:30–8:30 p.m.	Christ the King United Church of Christ	11370 Old Halls Ferry Rd. Florissant, 63033
T & Th	5:30–8:30 p.m.	Hazelwood Central High School, Rm C119	15875 New Halls Ferry Rd. Florissant, 63031
Hazelwood			
M & T	5:30–8:30 p.m.	Hazelwood West High School, Rm 127	1 Wildcat Lane Hazelwood, 63042
Maplewood			
M–Th	9 a.m. - Noon	Maplewood Doors to Success (17–23 years old only)	7126 Bruno Ave Maplewood, 63143
T & Th	5:30–8:30 p.m.	Christ Church	7126 Bruno Ave. Maplewood, 63143
Maryland Heights			
T & Th	5:30–8:30 p.m.	Pattonville High School, Rm D108	2497 Creve Coeur Mill Rd. Maryland Heights, 63043
Spanish Lake			
M–Th	9 a.m. - Noon	Hazelwood Doors to Success (17–23 years old only)	12075 Bellefontaine Rd. Spanish Lake, 63138
St. Ann			
M, T, Th, F	9 a.m. - Noon	Missouri Job Center	715 Northwest Plaza Dr. St. Ann, 63074



Get Empowered with Free Education

ENGLISH AS A SECOND LANGUAGE

Come learn English in a friendly adult class. We serve international speakers of other languages, 17 years of age and older. We provide comprehensive classes focusing on developing the student's ability to speak, read, write, and understand English. **All classes are FREE.**

Classes will help you...

- Learn about and participate in American customs
- Learn what it takes to become a citizen



English as a Second Language Classes are for anyone 17 years or older.

Class Schedule and Locations

Spring classes begin the week of January 8. Call 314-415-4940 for orientation dates and times.

Day	Time	Location	Address
Bridgeton			
M–Th	9 a.m.–12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Chesterfield			
M, W, Th	9 a.m. - 12 p.m.	Wild Horse Elementary	16695 Wild Horse Creek Chesterfield, 63005
Clayton			
M–W	6–9 p.m.	Clayton High School, Rm 2	1 Mark Twain Circle Clayton, 63105
Creve Coeur			
M–Th	9 a.m.–12 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
M–Th	1–4 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
M–W	6–9 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
M–Th	9 a.m. - 12 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
T&Th	6–9 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
Manchester			
M–Th	9 a.m.–12 p.m.	Manchester United Methodist Church	129 Woods Mill Rd. Manchester, 63011
M–Th	12:30–3:30 p.m.	Manchester United Methodist Church	129 Woods Mill Rd. Manchester, 63011
Maplewood			
M–W	1–4 p.m.	Maplewood United Methodist Church	7409 Flora Avenue Maplewood, 63143



Get Empowered with Adult Education

ADDITIONAL CLASSES

Before beginning any class, you MUST attend a multiple day orientation. Call 314-415-4940 for orientation dates and times.

TOEFL Preparation

ESL students prepare for the TOEFL (Test of English as a Foreign Language) exam which is necessary to be admitted to American universities.

Thursdays | 6-9 p.m.

Fern Ridge High School, Door 6

13157 N. Olive Spur Rd.

Creve Coeur, 63141

Independent Study/Citizenship

Students learn to become contributing members of American society, participate in group conversation, and enhance their English language skills. Naturalization and driver's license test prep are also offered.

Fern Ridge High School, Door 6

13157 N. Olive Spur Rd., Creve Coeur, 63141

Monday–Thursday | 4-5:30 p.m.

St. John, Cornerstone Center

15800 Manchester Rd., Ellisville, 63011

Friday | 9-11:30 a.m.

ONLINE CONTINUING EDUCATION



Online classes at your own pace, on your schedule. Taught by professionals in their industry and college professors.

Call 636-891-6644 for more information.

Gold Card/Golden Key Card does not apply.

Mastering Microsoft Excel

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets.

- Stay current as the features of Excel change over time.
- Examine the life of an Excel worksheet and workbook, from creation to presentation.
- Learn how an Excel worksheet is constructed, populated with content, and edited for delivery.
- Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia.

February 5- March 2 or April 2-27 | \$195

Introduction to Game Design

Games are increasingly recognized as a tool that can serve many business purpose beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. By completing this course, you can take the first steps into understanding game design and how it can be applied in your field.

February 5- March 2 | \$195

Introduction to Social Media

Get involved in the move from in-person to online communication. You will:

- Learn what social media are and their role in your business and personal life.
- Find out the top sites and how businesses are using the sites for communication, customer retention, branding, marketing, market research, needs assessment and serving customers and clients.
- Explore the options for your organization.
- Look at case studies of what other organizations are doing.

April 2-27 | \$195



Parkway Early Childhood Education

PARENTS AS TEACHERS

Birth to Five Years

Give your child the best possible start in life by participating in the Parents as Teachers Program!

- Degreed and certified parent educator
- Personal visits with parent educator
- Parent workshops on a variety of topics
- Family activity sessions to enjoy with your child
- Screenings to check your child's development

Free to Parkway Residents. Call 314-415-6973.

PARENT-CHILD INTERACTION PROGRAM

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will bring a lucky grown-up to enjoy classes together. Topics include yoga, healthy eating, science, math and other high-interest, fun subjects.

PCIP is open to Parkway residents and nonresidents, with classes running morning, afternoon and evening. Child care for siblings is available on a limited basis. **Check out our website at www.parkwayschools.net or call 314-415-6955 for more information.**

KIDS MORNING OUT PROGRAM

This is a fun and affordable preschool experience for children who will turn three between August 1, 2017 and July 31, 2018. Parents drop off their children for this two-hour program that blends developmentally appropriate curriculum with opportunities for social growth. Classes are taught by a certified teacher and teacher assistant.

Call 314-415-6955 for more information.

PRESCHOOL PROGRAMS

Preschool is a tuition-based program for children 3–5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend two, three, four, or five half days or five full days per week. The preschools are conveniently located in Parkway School District buildings.

Barretts.....	Half days
Carman Trails.....	Half days
Central High School.....	Full days
Early Childhood Center	Full & half days
Instructional Services Center	Half days
North High School	Full & half days
Oak Brook.....	Half days
Wren Hollow.....	Full & half days

Registration is ongoing for the 2017–2018 school year, with vacancies available at several locations. Registration is taken in person, daily at the Early Childhood Center, 14605 Clayton Rd., from 8 a.m.–4 p.m. **Call 314-415-6970 for more information.**

PLAY-BASE SCREENINGS

For Parkway Residents Only - Free

A child-friendly approach to screening for children 3–5 years of age. A good opportunity for parents to learn about their child's development. Children play in small groups. Hearing and vision are also screened. **Call 314-415-6969 for more information.**

EARLY CHILDHOOD SPECIAL EDUCATION CLASSES

Classes and therapy are available for 3–5 year olds who qualify for special education services. Offered by St. Louis County Special School District in various locations throughout the Parkway School District. **Free to Parkway Residents. Call 314-415-4977.**

CONNECT WITH US

Find us on social media and stay up to date on what's going on in Parkway Early Childhood. Look for us with this handle @ParkwayECC



Visit www.parkwayschools.net or call 314-415-6955 for more information.





Rockwood Early Childhood Education

ROCKWOOD EARLY CHILDHOOD EDUCATION



Rockwood Early Childhood Education



www.rsdmo.org/earlychildhood

PARENTS AS TEACHERS (PAT)

Ages Pre-natal to Kindergarten entry

Free for Rockwood residents. PAT supports a parent's role in promoting school readiness and healthy development of children. We embrace learning experiences that are relevant and customized for the individual needs of each family and child. Information is shared about how parent-child interaction and play can promote development in the young child. Periodic home visits allow parents to discuss topics of interest and concern. Group Connection meetings are led by a Parent Educator and provide opportunities to meet with other parents. Register online or call 636-891-6202 for more information.

SCREENINGS

Ages Three Months–3 Years

The 30 minute screening includes a vision and hearing assessment as well as a review of your child's overall health. **Free for Rockwood residents.** Call 636-891-6200 for more information.

Ages 3 and 4 (Pre-Kindergarten)

The screening assesses 3 major areas: motor, concepts, and language. The process takes approximately an hour to an hour and a half. The screening includes a vision/hearing assessment as well as a personal conference to review the results. **Free for Rockwood residents.** Call 636-891-6200 for more information.

PRESCHOOL

Ages 2–5

Mini Preschool

Clarkson Valley and Vandover Campuses

These classes provide children who are 30–36 months a classroom experience. Short sessions focus on social development and interactive play. There are many classes to choose from to suit your child's interest. Please visit www.rsdmo.org/earlychildhood for online registration.

Half-Day Preschool

This nine month program provides a variety of options to parents looking for a three hour preschool. All teachers are certified by the State of Missouri. Children must be 3 years of age by July 31. Call 636-891-6200 for a tour!

Full-Day Preschool

The Full-Day preschool combines preschool and childcare for families needing full day services. School year teachers are certified by the state of Missouri. The program is available for children who are 3-5 years of age by July 31. Call 636-891-6260 for a tour!

Rockwood offers several preschool locations throughout the district.

Ballwin Elementary
Blevins Elementary
Bowles Elementary
Early Childhood Center at Clarkson Valley
Early Childhood Center at Vandover
Eureka Elementary
Eureka High
Fairway Elementary
Lafayette High
Marquette High
Rockwood Summit High

Visit www.rsdmo.org/earlychildhood for schedules, fees, forms, class descriptions and more!





- High Schools
- Elementary Schools
- Middle Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1 Central High
369 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Fern Ridge High
13157 N. Olive Spur Rd.
Creve Coeur, MO 63141
- 3 North High
12860 Fee Fee Road
St. Louis, MO 63146
- 4 South High
801 Hanna Road
Manchester, MO 63021
- 5 West High
14653 Clayton Road
Ballwin, MO 63011

Middle Schools

- 1 Central Middle
471 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Northeast Middle
181 Coeur DeVille Drive
Creve Coeur, MO 63141
- 3 South Middle
760 Woods Mill Road
St. Louis, MO 63011
- 4 Southwest Middle
701 Wren Avenue
Ballwin, MO 63021
- 5 West Middle
2312 Baxter Road
Chesterfield, MO 63017

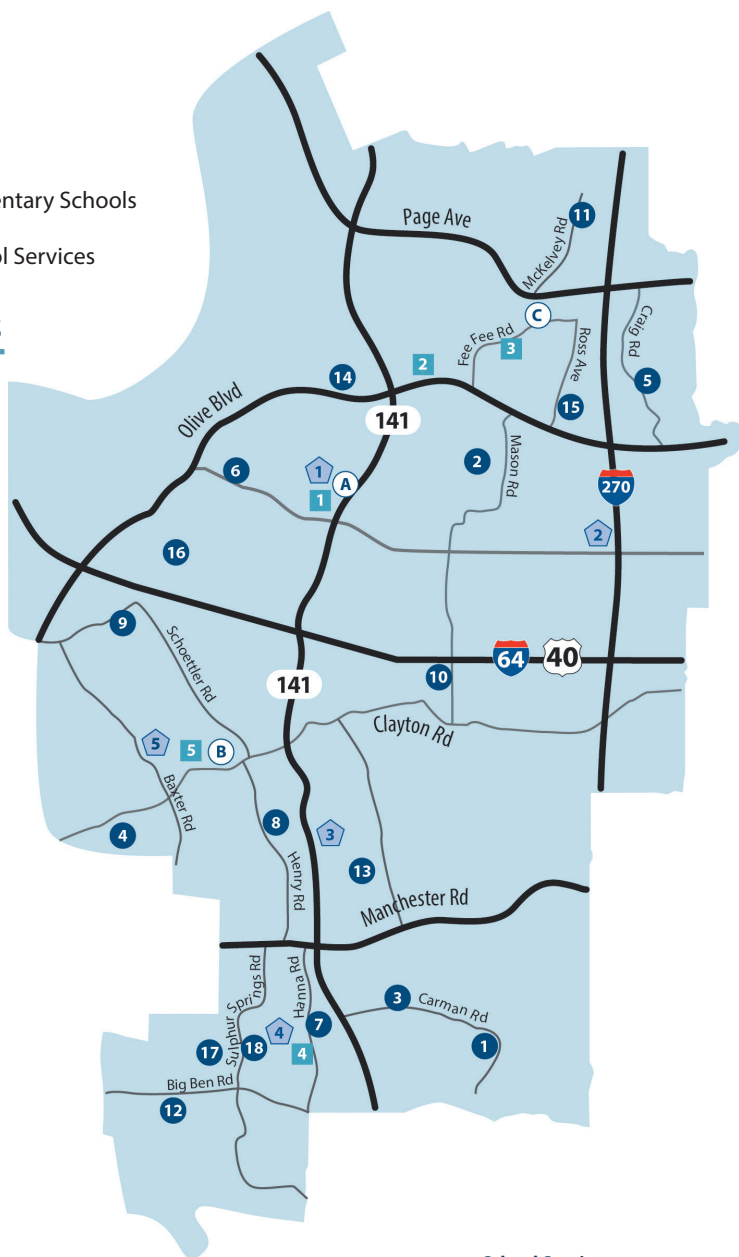
Elementary Schools

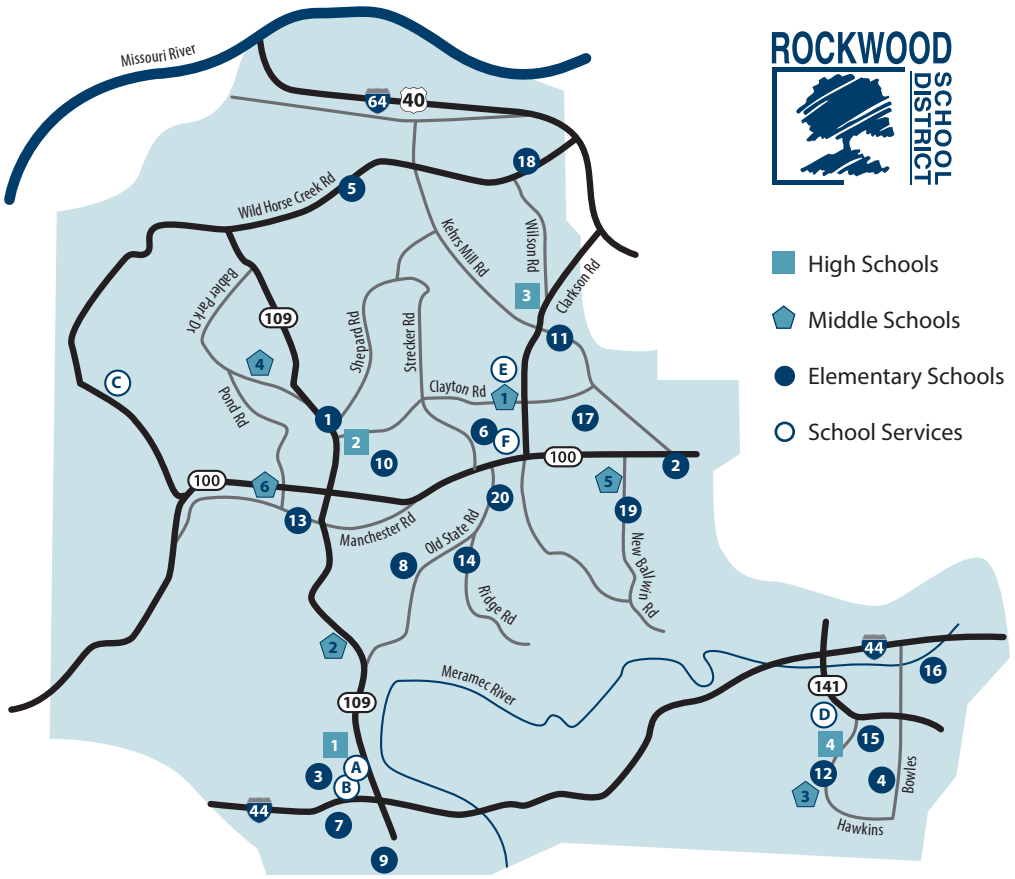
- 1 Barretts
1780 Carman Road
Manchester, MO 63021
- 2 Bellerive
620 Rue de Fleur
Creve Coeur, MO 63141
- 3 Carman Trails
555 Weidman Road S.
Manchester, MO 63021
- 4 Claymont
405 Country Club Drive
Ballwin, MO 63011
- 5 Craig
1492 Craig Road
St. Louis, MO 63146
- 6 Green Trails
170 Portico Drive
Chesterfield, MO 63017
- 7 Hanna Woods
720 Hanna Road
Ballwin, MO 63021
- 8 Henry
700 Henry Avenue
Ballwin, MO 63011
- 9 Highcroft Ridge
15380 Highcroft Drive
Chesterfield, MO 63017
- 10 Mason Ridge
715 S. Mason Road
Town & Country, MO 63141
- 11 McKelvey
1751 McKelvey Road
Maryland Heights, MO 63043
- 12 Oak Brook
510 Big Bend
Ballwin, MO 63021

- 13 Pierremont
1215 Dauphine Ln
Manchester, MO 63011
- 14 River Bend
224 River Valley Drive
Chesterfield, MO 63017
- 15 Ross
1150 Ross Road
St. Louis, MO 63146
- 16 Shenandoah Valley
15399 Appalachian Trail
Chesterfield, MO 63017
- 17 Sorrento Springs
390 Tumulty Drive
Ballwin, MO 63021
- 18 Wren Hollow
655 Wren Avenue
Ballwin, MO 63021

School Services

- A Administration Building
455 N. Woods Mill Road
Chesterfield, MO 63017
- B Early Childhood
14605 Clayton Road
Ballwin, MO 63011
- C Instructional
Services Center
12568 Fee Fee Road
St. Louis, MO 63146





SCHOOL LOCATIONS

High Schools

- 1 Eureka
4525 Highway 109
Eureka, MO 63025
- 2 Lafayette
17050 Clayton Rd
Wildwood, MO 63011
- 3 Marquette
2351 Clarkson Rd
Chesterfield, MO 63017
- 4 Rockwood Summit
1780 Hawkins Rd
Fenton, MO 63026

Middle Schools

- 1 Crestview
16025 Clayton Rd
Ellisville, MO 63011
- 2 LaSalle Springs
3300 Highway 109
Wildwood, MO 63038
- 3 Rockwood South
1628 Hawkins Rd
Fenton, MO 63026
- 4 Rockwood Valley
1220 Babler Park Dr
Glencoe, MO 63038
- 5 Selvidge
235 New Ballwin Rd
Ballwin, MO 63021
- 6 Wildwood
17401 Manchester Rd
Wildwood, MO 63038

Elementary Schools

- 1 Babler
1955 Shepard Rd
Glencoe, MO 63038
- 2 Ballwin
400 Jefferson
Ballwin, MO 63021
- 3 Blevins
25 E North St
Eureka, MO 63025
- 4 Bowles
501 Bowles Ave
Fenton, MO 63026
- 5 Chesterfield
17700 Wild Horse Creek
Chesterfield, MO 63005
- 6 Ellisville
1425 Froesel
Ellisville, MO 63011
- 7 Eureka
442 West Fourth St
Eureka, MO 63025
- 8 Fairway
480 Old Fairway Dr
Wildwood, MO 63040
- 9 Geggie
430 Bald Hill Rd
Eureka, MO 63025
- 10 Green Pines
16543 Green Pines Dr
Ellisville, MO 63011
- 11 Kehrs Mill
2650 Kehrs Mill Rd
Chesterfield, MO 63017
- 12 Kellison
1626 Hawkins Rd
Fenton, MO 63026
- 13 Pond
17200 Manchester Rd
Grover, MO 63040
- 14 Ridge Meadows
777 Ridge Rd
Ellisville, MO 63021
- 15 Stanton
1430 Flora Del Dr
Fenton, MO 63026
- 16 Uthoff Valley
1600 Uthoff Dr
Fenton, MO 63026
- 17 Westridge
908 Crestland Dr
Ballwin, MO 63011
- 18 Wild Horse
16695 Wild Horse Creek
Chesterfield, MO 63005
- 19 Woerther
314 New Ballwin Rd
Ballwin, MO 63021
- 20 Center for Creative Learning
265 Old State Rd
Ellisville, MO 63021

School Services

- A Administrative Center
111 East North Street
Eureka, MO 63025
- B Administrative Annex
500 North Central
Eureka, MO 63025
- C Babler Outdoor Education Center
200 Lake Road
Wildwood, MO 63005
- D Early Childhood-Vandover Campus
1900 Hawkins Rd
Fenton, MO 63026
- E Early Childhood-Clarkson Valley
2730 Valley Rd
Chesterfield, MO 63005
- F Community Ed
1425 Froesel
Ellisville, MO 63011

Winter/Spring At-A-Glance

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
ADULT EDUCATION & LITERACY				
Basic Education	Ages 17+	Various	Various	38-39
High School Equivalency Prep	Ages 17+	Various	Various	38-39
English as a Second Language	Ages 17+	Various	Various	40
TOEFL Preparation, Citizenship	Ages 17+	Various	Various	41
Online Continuing Education	Ages 17+	Various	Online	41
AQUATICS				
Adult Beginner Swim Lessons	Ages 18+	Various	Various	36
Aqua Aerobics	Ages 18+	Starts Jan. 3	Ellisville	36
High School Prep	Gr. 9-12	Starts June 5	Chesterfield	32
Infant Swimming Resource	Ages 6 mth+	Various	Various	33
Master/Lap Fitness Swimming	Ages 18+	Ongoing	Chest., Wild.	36
Pre-Competitive Swim Team	Gr. K-12	Starts Jan. 3 and March 19	Ellisville, Fenton	33
Rockwood Swim Club Placements	Ages 5+	Dec. 11-12, March 5-6, May 21-22	Ellisville	32
SwimAmerica	Ages 6 mth+	Various	Various	33-35
Summer League Prep	Ages 5-18	Starts April 2	Chest., Eur., Wild.	32
Water Walking	Ages 18+	Starts January 3	Ellisville	36
ART PROGRAMS				
Beginning Calligraphy	Ages 18+	Starts January 24	Creve Coeur	16
Creative Craft Design	Ages 18+	Starts January 22	Ballwin	16
Parent-Child Art	Age 5+ w/parent	Starts April 3	Ballwin	16
Scrapbooking	Ages 18+	Starts January 22	Ellisville	16
BABLER OUTDOOR EDUCATION				
GPS Egg Hunt	All Ages	March 25	Wildwood	30
Scout Badge Opportunities	Gr. 2-8	Various	Wildwood	30
BADMINTON				
	Gr. 3-8	Starts Jan. 15 and March 19	Chesterfield	20
BASEBALL				
T-Ball Tots Instructional Program	Gr. Pre-K-K	Starts April 7	Wildwood	24
BASKETBALL				
Basketball Skills	Gr. 2-5	Starts March 19	Ellisville	19
Mighty Mites	Gr. K-2	Starts January 20	Manchester, Ellisville	19
Spring Basketball Clinics	Gr. 3-8	Starts March 20 or 21	Ballwin	19
BATON				
Introduction to Baton Twirling	Gr. K-5	Starts Jan. 17 and March 7	Chesterfield	20
Introduction to Baton Twirling	Gr. K-5	Starts Jan. 18 and March 8	Ellisville	20
CHEERLEADING				
	Gr. 1-6	Starts March 20	Ballwin	24
COOKING				
Cooking with Miso	Ages 18+	January 30	Ballwin	8
Exploring Vegetarian Cooking	Ages 18+	March 20	Ellisville	9
Fermented Drinks	Ages 18+	April 3	Ballwin	9
Freezer Meals for Busy Families	Ages 18+	February 20	Ballwin	8
Homemade Baby Food	Ages 18+	May 15	Ballwin	9
Let's Roll Out the Pizza	Ages 18+	March 6	Ballwin	8
Light and Healthy Dinners	Ages 18+	April 24	Ballwin	9
Mason Jar Salad Night	Ages 18+	January 17	Ellisville	9
Party Dips	Ages 18+	January 31	Ellisville	9
Soup's On	Ages 18+	January 22	Ballwin	8
Taco Night	Ages 18+	January 24	Ellisville	9
Sweet Sourdough Baking	Ages 18+	February 20	Ballwin	8
DAY TRIPS				
Big House and Tour at the State Capitol	Ages 18+	July 19	Trip	7
Gardens and Galleries	Ages 18+	June 12	Trip	7
Great River Road Treasures	Ages 18+	May 18	Trip	7
Shoes, Booze & Baseball	Ages 18+	April 23	Trip	7
DANCE				
Ballet, Tap and Jazz	Ages 3-6	Starts Jan. 22 or 23	Fenton, Chesterfield	14
Ballroom, Latin & a Little Bit of Swing	Ages 18+	Starts January 22	Ballwin	14
Beginning Country Line Dancing	Ages 18+	Starts January 22	Ballwin	14
Intermediate Country Line Dancing	Ages 18+	Starts January 24	Ballwin	14
Hip Hop Dance	Ages 6-11	Starts January 24	Chesterfield	14
DRIVER EDUCATION				
Evening Driver Education	Age 15+	Starts February 6	Wildwood	5
Drive Time Only	Age 15+	Various	Various	5
EARLY CHILDHOOD EDUCATION				
Parkway Early Childhood	Ages Birth-5	Various	Various	42
Rockwood Early Childhood	Ages Birth-5	Various	Various	43
FAMILY PROGRAMS (child with parent)				
CSI Investigation: Family Edition	Gr. 3-6	March 2 or April 6	Ballwin, Creve Coeur	4
Family Guitar	Ages 8+	Starts January 24	Creve Coeur	15
GPS Egg Hunt	All ages	March 25	Wildwood	30
Parent-Child Art	Gr. K-5	Starts April 3	Ballwin	16
Parent-Child Chess	Gr. K+	Starts January 22	Ballwin	4
Parent-Child French	Gr. K-5	Starts January 24	Creve Coeur	5
Yoga for Kids: A Taste of Yoga with Parent	All ages	Starts Jan. 25 or April 2	Chesterfield	21
FENCING				
Junior Fencing Program	Ages 10-14	Starts January 22	Ellisville	20
Junior Fencing Program	Ages 10-14	Starts January 25	Manchester	20
FINANCE				
A Women's Outlook on Retirement	Ages 18+	Jan. 16 or Jan. 24	Ellisville, Creve Coeur	10
Broadening Your Knowledge of Investing	Ages 18+	April 11 or April 18	Creve Coeur, Ellisville	11
Estate Planning Basics	Ages 18+	January 29	Chesterfield, Wildwood	10
Planning for Long-Term Health Care	Ages 18+	February 5	Chesterfield, Wildwood	10
Retirement Income Strategies	Ages 18+	January 22	Chesterfield, Wildwood	10
Retirement: Making Your Money Last	Ages 18+	February 13 or Feb. 22	Creve Coeur, Ellisville	10
Social Security Planning	Ages 18+	February 12	Chesterfield, Wildwood	10
Social Security: Your Questions Answered	Ages 18+	May 8 or May 16	Ellisville, Creve Coeur	11
Stocks: The Nuts & Bolts & Focus on Fixed Income	Ages 18+	March 14 or March 20	Creve Coeur, Ellisville	11

All residents of the Parkway and Rockwood School Districts and beyond are welcome to participate in all Community Ed programs at any location (unless indicated). Register at www.prcommunityed.org.

PROGRAM NAME	AGE/GRADES ...	DATES	AREA	PAGE
FITNESS				
Ballet Barre Sculpting	Ages 18+	Starts January 24, March 14	Ballwin	26
Boot Camp	Ages 18+	Starts January 22, March 19	Ballwin	26
Core Strengthening	Ages 18+	Starts January 24, March 14	Ballwin	26
Slim and Trim	Ages 18+	Starts January 24, March 14	Creve Coeur	27
Stretching & Flexibility	Ages 18+	Starts January 23 and March 13	Ballwin	26
Stretching & Flexibility	Ages 18+	Starts January 25 and March 15	Chesterfield	26
FLAG FOOTBALL LEAGUE	Gr. K-8	Starts March 5	Various	18
FOREIGN LANGUAGE				
Parent/Child French	Gr. K-5 w/parent	Starts January 24	Creve Coeur	5
Spanish	Ages 18+	Starts January 24	Ellisville	5
GYMNASTICS				
Preschool Gymnastics	Ages 3-6	Starts Jan. 17, March 14	Ballwin	20
Preschool Gymnastics	Ages 3-6	Starts Jan. 18, March 22	Ellisville	20
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Jan. 17, March 14	Ballwin	20
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Jan. 18, March 22	Ellisville	20
KARATE/SELF DEFENSE				
Tiny Tigers	Ages 4-6	Starts Jan. 29, April 3	Creve Coeur	21
Tiny Tigers	Ages 4-6	Starts Jan. 30, April 4	Ballwin	21
Kids Karate	Ages 7-13	Starts Jan. 29, April 3	Creve Coeur	21
Kids Karate	Ages 7-13	Starts Jan. 30, April 4	Ballwin	21
Adult Karate	Ages 14+	Starts Jan. 29, April 3	Creve Coeur	21
Adult Karate	Ages 14+	Starts Jan. 30, April 4	Ballwin	21
Women's Night of Self-Defense	Ages 18+	January 22	Creve Coeur	21
KIDS NIGHT OUT				
Art Studio: Spring Spectacular	Gr. K-5	April 13	Ballwin	16
Art Studio: Winter Wonderland	Gr. K-5	January 19	Ballwin	16
Games Galore	Gr. K-5	February 23	Ballwin	4
Lego Mania	Gr. K-5	March 16	Ballwin	4
LACROSSE				
Kids Basic Skills Lacrosse Program	Gr. 1-3	Starts March 31	Ellisville	24
Lacrosse Developmental Program	Gr. 4-8	Starts March 31	Ellisville	24
MEDITATION	Ages 18+	Starts Jan. 19 and April 5	Chesterfield	27
MUSIC AND PERFORMING ARTS				
Family Guitar	Age 8+ w/parent	Starts January 24	Creve Coeur	15
STAGES Showstoppers	Ages 18+	Starts March 21	Ellisville	15
Tiny Tunes	Ages 3-6	Starts January 26	Ellisville	15
MOUNTAIN BIKING	Gr. 4-8	Starts April 2	Ballwin	4
ONLINE SAFETY CLASSES				
College and ID Theft	Ages 18+	April 9, April 24	Chesterfield, Ballwin	11
Identity Theft	Ages 18+	March 6, March 19	Ellisville, Ballwin	11
Investigation Basics	Ages 18+	March 29, April 28	Fenton, Ellisville	11
Online Dating and Crime	Ages 18+	January 30, February 27	Ballwin	11
SOCCER				
Developmental Soccer Program	Gr. K-5	Starts April 7	Manchester	25
Indoor Soccer/Futsal League	Gr. K-5	Starts January 7	Various	25
Indoor Soccer Training Clinics	Gr. K-5	Starts January 3 and 5	Various	25
Soccer Shrimps	Ages 3-5	Starts April 7	Chest., Ellisville	25
SPECIALTY/SAMPLER				
Sports Sampler Program	Gr. K-5	Starts March 28	Wildwood	24
TAI CHI				
Advanced Tai Chi	Ages 18+	Starts February 12	Ballwin	27
Beginning Tai Chi	Ages 18+	Starts Feb. 12 and Feb. 22	Ballwin	27
Continuing Tai Chi	Ages 18+	Starts Feb. 12 and Feb. 22	Ballwin	27
TENNIS				
Adult Tennis Clinics	Ages 18+	Starts April 7	Manch., Wild	18
Junior Tennis Clinics	Ages 5-18	Starts April 7	Manch., Wild	18
TREK AND TRAVEL TRIPS				
Atlantic Coastal Quest	Gr. 8-9	June 24-30	Trip	31
Great Lakes Voyage	Gr. 5-7	July 22-28	Trip	31
TUTOR CONNECTION	Gr. K-12	Various	Various	5
VOLLEYBALL				
Co-Ed Open Play	Ages 18+	Starts January 10	Creve Coeur	23
Co-Ed Recreational League	Ages 18+	Starts January 5 and 23	Ballwin	23
Developmental Program	Gr. 5-8	Starts January 17	Chesterfield	23
Rockwood Thunder Volley Totz	Ages 5-7	Starts January 10	Chesterfield	22
Youth Volleyball League	Gr. 3-8	Various	Various	23
WINTER SPORTS				
Learn to Ski	Ages 8+	Starts Week of Jan. 8	Wildwood	19
Learn to Snowboard	Ages 8+	Starts Week of Jan. 8	Wildwood	19
WRITING				
Exploring the Art of Personal Writing	Ages 18+	Starts January 29	Ballwin	16
YOGA				
Beginning Yoga	Ages 18+	Starts January 25, March 15	Chesterfield	28
Continuing Yoga	Ages 18+	Starts January 22, March 19	Chesterfield	28
Core and Restore	Ages 18+	Starts January 27	Ballwin	28
Fast Flow - Vinyasa Yoga	Ages 18+	Starts January 30	Ellisville	28
Slow Flow - Vinyasa Yoga	Ages 18+	Starts January 30	Ellisville	28
Vinyasa Yoga	Ages 18+	Starts January 23, March 20	Ballwin	28
Vinyasa Flow Yoga	Ages 18+	Starts January 29	Ballwin	28
Yin Yoga	Ages 18+	Starts January 23, March 20	Ballwin	28
Yoga for Kids: A Taste of Yoga (with parent)	All Ages w/parent	Starts January 25, April 2	Chesterfield	21
ZUMBA				
Advanced Zumba	Ages 18+	Starts January 22, March 19	Ballwin	26
Zumba	Ages 18+	Starts January 23, March 13	Ballwin	26
Zumba	Ages 18+	Starts January 25, March 15	Chesterfield	26



Explore what's in store for YOU this summer

Plan your child's summer activities
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Sunday, February 11, 2018 | 11 a.m.-3 p.m.

Parkway West High School

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See What's New! 30-minute Cooking and Yoga Classes

Don't have a lot of time? Give our brand new 30-minute cooking (pg. 9) and yoga (pg. 28) classes a try. They're perfect for busy parents on the go or if you aren't sure you want to commit to a longer session. They are also held at Crestview Middle during SwimAmerica and volleyball practices!

There's a program for you at www.prcommunityed.org.